

Winter / Spring 2015

LeisureTimes

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Celebrates 30 Years!

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Parks & Recreation
City of Fairfax

Our Vision: “Amazing Experiences”

Mayor and City Council



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Director's Message

Winter/Spring 2015

FROM ALL OF us at “Your” Parks and Recreation Department, we would like to wish you and your families a happy and healthy holiday season and joyous New Year!

There's no better way to have a happy and healthy holiday season and start 2015 with a bang than taking part in the many fun, healthy and exciting programs and activities we have throughout the City, at Green Acres and the Stacy C. Sherwood Community Center. In addition to programming from free movie nights at Sherwood to incredible fitness opportunities at Green Acres, we have amazing events planned.

Old Town Square, the new downtown park with an interactive water feature, will officially have its grand opening on April 18, 2015. Bring the family and enjoy the festivities. On May 2, 2015, we launch the first “Derby-Q,” a BBQ, brews, bourbon and blues festival, which sounds yummy and fun. We also will restart the Rock the Block series on Friday, May 15. You can find these events and others, such as the Annual Egg Hunt and Mother-Son Campout, on page 52 and 55 of Leisure Times.

Don't forget that our parks and trails are some of the best in the region and always available to you for your recreational needs. From sledding on a snowy day to pickup games or just walking your dog, “your” parks are there for your enjoyment year round.

As the director of “your” Parks and Recreation Department, I can assure you all of us are committed to providing the best services, parks and facilities possible for your continued enjoyment. We strive to provide “amazing experiences” and invite you to share your suggestions and comments on how we can continue to do so. Please feel free to send an email, call, stop by in person or just drop an old fashioned letter.

Have an amazing year!

Sincerely,

Michael McCarty, CPRP

Director of Parks and Recreation

Social Media and Parks and Recreation make our experiences even more AMAZING!



CityFFXParksRec



CityFFXParksRec



CityFFXParksRec



CityFFXParksRec



CityofFairfaxVA

Your Parks & Recreation Staff

Michael McCarty, CPRP, *Parks and Recreation Director*

Gregg Tonge, CPSI, *Parks Manager*

Leslie Herman CPRP, *Events/Facilities Superintendent*

Mitzi Taylor CPRP, *Events Coordinator*

Richard Wyant, *Athletics Supervisor*

Joanna Ormesher CPRP, *Cultural, Tourism & Marketing Manager*

Michelle Veresink Richmond, *Cultural Arts & Marketing Specialist*

Karen Lussier CPRP, *Recreation Manager,*
Stacy C. Sherwood Community Center

Julie Miles, *Community Programs Coordinator*

Abigail Gabriel, *Recreation Assistant*

Anne Chase, CPRP, *Recreation Manager & Senior Center Manager,*
Green Acres Center

Daniel Young, *Senior Center Assistant*

Jann Richards-Weltman, *Recreation Assistant*

Brianne Baglini, CPRP, *Operations Manager*

Kaveh Tajalli, *Facilities Coordinator*

City Manager

Robert Sisson, *City Manager*, robert.sisson@fairfaxva.gov

FAIR CITY MALL

www.faircitymall.com

The City of Fairfax Parks and Recreation Department is pleased to announce Fair City Mall as its Elite Sponsor. This sponsorship will help offset expenses of the City's special events while providing marketing and promotional opportunities for Fair City Mall year round through the recreation department's many programs and events.

For opportunities to partner with the City of Fairfax through sponsorship, please visit www.fairfaxva.gov/ParksRec. Your organization can benefit from this comprehensive year round marketing package. For more information call 703.385.7858.

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Leisure Times is published three times a year:

Winter/Spring–January through April

Summer–May through August

Fall–September through December

We Appreciate Your Feedback!

Please contact our office at 703-385-7858 or e-mail parksrec@fairfaxva.gov with questions, suggestions or comments.



To advertise in this publication:

Please call 703-273-6097



Left to right: Michael McCarty, Mitzi Taylor, Leslie Herman, Karen Lussier, Anne Chase, Joanna Ormesher, Brianne Baglini



Left to right: Kurt Hoffman, Gregg Tonge, Marcus Harrison



Parks and Recreation Staff: Dedicated to Providing Amazing Experiences

WE'RE PLEASED TO announce that Anne Chase, Recreation Manager and Senior Center Coordinator, earned her certification in September as a Certified Park and Recreation Professional (CPRP) by the National Certification Board (NCB) and the National Recreation and Park Association (NRPA).

This is an exciting and proud achievement. Anne's certification means that the entire Parks and Recreation management staff has some job-specific certification beyond the normal degree requirements. Michael McCarty, Leslie Herman, Karen Lussier, Joanna Ormesher, Brianne Baglini, Mitzi Taylor and Anne Chase are all Certified Parks and Recreation Professionals (CPRP). Parks staff Gregg Tonge and Kurt Hoffman

hold Certified Playground Safety Inspector certifications and Marcus Harrison is a Certified Pesticide Applicator.

The CPRP certification is granted to individuals employed in the recreation, park resources and leisure services professions who meet the eligibility requirements—including a combination of higher education and/or work experience—and who successfully complete the national CPRP examination. The examination tests knowledge in all aspects of general administration, programming and operations management for parks and recreation. CPRP certifications are valid for a period of two years, and professionals who wish to reapply are required to complete

a professional continuing education unit requirement or equivalent academic course work.

Individuals certified as CPRPs meet high standards of education, expertise and experience established in the field for park and recreation professionals, and many agencies recommend or require CPRP certification when hiring for professional positions.

Our department feels this staff dedication to the parks and recreation field will benefit our residents and customers in providing the community with the most talented, skilled and knowledgeable staff to ensure an enhanced quality of life and amazing experiences.



World Police and Fire Games

In 2015, World Police and Fire Games will be coming to the National Capital Region for 10 full days of competition beginning June 26, 2015, until July 5, 2015. The City of Fairfax and George Mason University are hosts to the highest concentration of events, with 11 being held at Mason and two of the larger and most spectacular events, the Fireman's Muster and the

Cycling Criterium, being held in the City. The World Police and Fire Games are a spectacular biennial international sporting event, offering police officers, firefighters, and customs and correction officers from around the world an opportunity to showcase their athletic excellence in Olympic-style sporting events. The Games will bring in excess of 12,000 athletes, and their support teams,

families and friends, from 70 countries to participate in 60 sporting events in 53 different venues.

There are opportunities for local businesses and residents to become involved by special promotions and events, and opportunities for volunteering both at the City and local events, and in the region. Please call 703-273-6097 for more details.

Northern Virginia's Leading Festival of Arts and Culture

April 17 – May 9, 2015

30TH ANNUAL FAIRFAX Spotlight on the Arts Festival starts on April 17th with a glittering evening at Old Town Hall celebrating three decades of arts in the City of Fairfax. Sponsored by the City of Fairfax in cooperation with George Mason University and the arts community of Fairfax, Spotlight on the Arts continues its commitment to support and encourage the awareness of cultural opportunities in the greater Fairfax community. It has grown into a significant three-week festival and is now considered one of Virginia's foremost arts festivals. With outstanding music performances from leading musicians, quality arts exhibitions, dance (both classical and modern) stimulating theater performances, community activities and events including The Arts mean Business – an Art Walk through Old Town Fairfax highlighting businesses with an artistic twist! “Temptations” an Art Show in association with partners - Our Daily Bread, and the hits of last year “The International Children's Festival” and ‘Fashion in Motion’ – this year with a new twist – wearable art!! This year's Festival of youth, of music, of dance and so much more – are all highlighting the emerging vibrant arts scene in historic Old Town Fairfax.

We are delighted to bring you so many exceptional events in the Spotlight Spring Festival this year. In the spirit of a festival all participating groups endeavor to bring you the best arts and cultural events on offer during this year's program – come and enjoy the festival!

For more information, to volunteer, call 703.352.ARTS, or visit www.fairfaxspotlight.org



Festival Opening Musicale and Reception

The 30th Fairfax Spotlight on the Arts Festival opens with its traditional Musicale and Reception on Friday, April 17, at 8 p.m., in Old Town Hall. This opening celebration includes performances by outstanding young musicians and performers from Fairfax High School and Academy for Communications and the Arts, George Mason University, Virginia Opera – and some surprise guests. During the evening there will also be presentations, and recognition of individuals who contribute so much to the arts and cultural well being of the community. A champagne reception opens the evening followed by a dessert, coffee and wine reception. If you would like to receive an invitation please contact Joanna Ormesher, Executive Director, joanna.ormesher@fairfaxva.gov or 703.352.ARTS



SAY HELLO TO good buys

Say Hello to the Holidays with
Good Buys at Fair City Mall.

At Fair City Mall, it's easy.
Easy to save money. Easy to find what your looking for.
We have the stores, brands and prices that will
warm up your winter. Plus, we're
conveniently located right here in the City of Fairfax.

Receive a "Fan Favorite" Smoothie

from **Robeks** as our gift to you!

Wow! Bring this ad to Robeks at Fair City Mall and receive
a delicious, fresh-blended Medium size Fan Favorite Smoothie!
No purchase necessary. Choose from Strawnana Berry,
The Hummingbird (mango, strawberry and banana)
or Mahalo Mango.

Just stop in and get your FREE smoothie!
It's a \$4.99 value, absolutely free!



Rules: Fair City Mall location only. Strict limit of one per customer. No purchase
necessary. First 200 customers. Must present ad. Expires 1/15/15.

FAIR CITY MALL

www.faircitymall.com

On Main Street, across from W. T. Woodson High School,
and access on Pickett Road



Shoppers Food & Pharmacy, Life Time Athletic,
Bed Bath & Beyond, Best Buy, DSW Shoes,
Marshalls, A.C. Moore, Cinema Arts
and dozens of other stores and services.



Our Parks Our Future In Action

As you may already know, the City Council adopted the Strategic Plan for Parks, Recreation, Open Space, Trails, Events and Cultural Arts in June 2014.

Staff, along with the Parks and Recreation Advisory Board and partners, has been working diligently to put this plan into action and make sure it's a living document. Through your tremendous input and involvement, we heard you loud and clear, and our strategies reflect this. It's important to us, and the success of the plan, to continue to update you on our progress, milestones, and ways you can still provide input and stay involved.

In each edition of Leisure Times, we will provide information on our progress, successes and challenges. We will also periodically invite you to share your voice to help achieve the goals of the plan and the ultimate vision of "Amazing Experiences."

Introduction to the New TGIFairfax App

THE CITY OF Fairfax is pleased to announce it has implemented a new City of Fairfax app for use on mobile devices. The app is available for iOS and Android systems and will keep city information and services at your fingertips. Features include ability to contact Mayor and City Council, catch up on city news, check out headlines and find parks and schools. These are just a few of the City service options and features. A main feature is "push notifications," which will allow for information and posting of public meetings and public hearings. The app will rolled out just in time for the Fall Festival, where users enjoyed special Fall Festival features that included entertainment information, vendor lists, events, interactive map, parking locations and more.



Plan Achievements

There are over 100 action items to accomplish in the first two years, and we're happy to report that we are well on our way to accomplishing these action items. Some of the most recent achievements are:

- Introduction of the TGIFairfax App
- A comprehensive review of events and event locations yielding the new Rock the Block event and Derby Q, a BBQ, Brews, Bourbon and Blues Festival
- Successful integration of the new recycling program in the parks
- Successfully secured a teen member on the Parks and Recreation Advisory Board: Welcome Michael Breslin
- Strengthened relationships with our partners resulting in a new Partner and Aquatic Section in Leisure Times and on the City website
- Extensive effort to work with the City's committee and county's committee on diversity and inclusion

We have a long way to go, but with your involvement and support we will get there. Many of the action items are budget dependent and will be recommended for inclusion in the fiscal year 2015 budget. For information on the Strategic Plan, visit <http://fairfaxva.gov/government/parks-recreation/strategic-master-plan> or www.ourparksourfuture.com.

For information on the City Budget process, visit <http://fairfaxva.gov/government/finance/budget>

Website www.ourparksourfuture.com

THE SITE IS still active, and we will post surveys, questions and information regularly. You may have already seen some questions related to the Vision Fairfax Mason Workshop on a vision of downtown Fairfax. More information will be posted, as we hope to embark on a feasibility study for the future of Green Acres.

RECYCLING IN OUR PARKS

The Parks & Recreation Department has implemented a new recycling program targeting eight park and athletic sites. Placing recycling bins in our parks to better protect the precious commodity that we call home is just step one.

ITEMS YOU CAN RECYCLE

Plastic Bottles & Lids	Cardboard Boxes
Plastic Containers	All Books
Aerosol Cans	Paperboard Products
Glass Bottles & Jars	Metal Food & Drink Cans
Ridged Plastics	Aluminum Foil & Trays
Milk & Juice Containers	Plastic Bags
Newspapers & Inserts	
Magazines & Mixed Paper	

BENEFITS OF RECYCLING

- 1 Reduces the amount of waste sent to landfills and incinerators
- 2 Conserves natural resources such as timber, water, and minerals
- 3 Prevents pollution by reducing the need to collect new raw materials
- 4 Saves energy
- 5 Reduces greenhouse gas emissions that contribute to global climate change
- 6 Helps sustain the environment for future generations
- 7 Helps create new well-paying jobs in the recycling and manufacturing industries in the United States

PARKS WHERE YOU'LL FIND RECYCLING BINS



**Ashby Pond
Conservatory**

Draper Drive Park

Kutner Park

Old Town Square

**Providence Elementary
Baseball Fields**

Providence Park

Ratcliffe Park

Stafford Drive Park

Thaiss Memorial Park

Van Dyck Park

#TGIFAIRFAX – SAVE THE DATE FOR THESE GREAT EVENTS!

Save the Date! Sat. April 18, 2015! Old Town Square Grand Opening

OLD TOWN SQUARE, formerly known as Kitty Pozer Garden, will open its enlarged and enhanced park to the public in early Spring. This new state-of-the-art park located in historic Old Town Fairfax will be a place for the City to host events and a place for residents and visitors alike to enjoy the downtown area. A ribbon cutting and grand opening of the Old Town Square will be held on Sat. April 18. All ages are invited to this FREE celebration with musical and street performers, entertainment and treats. Times and specific activities will be posted to www.fairfaxva.gov/parksrec.

Upcoming events and activities to be held at Old Town Square are...

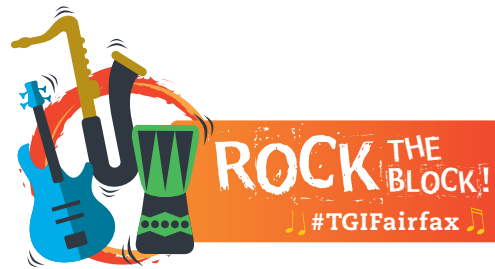


Derby-Q Festival

BBQ, Blues, Bourbon & Brews Festival

Derby-Q will be held Saturday, May 2, 2015, from 2 to 7pm in Old Town Square.

This community festival will feature specialty beer and bourbon tastings along with a variety of BBQ vendors. Live blues bands will perform on stage while the crowds anxiously await the Greatest Two Minutes in Sports – the Kentucky Derby to be shown on the big screen. More details and costs are available online at www.fairfaxva.gov/Derby.



#TGIFairfax – Rock the Block Concert Series

This free concert series will be held in Old Town Square, the fourth Friday of the month from May to September from 6–9pm

Each family-friendly evening will feature live bands, lawn games, beer garden and city restaurant vendor booths. Bring your lawn chairs. A complete schedule of performers will be listed by February 1 at www.fairfaxva.gov/RockTheBlock.

Rock the Block 2015 Concert Dates:

- May 22
- June 26
- July 24
- August 28
- September 25



Retirements



CHRISTINA HURDLE
(24 YEARS)

Christina Hurdle

Christina Hurdle retired after 24 years of service for the City of Fairfax. Christina started as a FCPS Bus Driver before she began her career in 1990 as temporary part-time Cue Bus Driver. On 6/11/90, her status changed to career part-time bus driver and then on 4/3/92, her status changed to career full-time bus driver. On 2/13/95 Christina transferred to Parks and Recreation as Administrative Assistant and has been there ever since. In February 1998, Christina was nominated for the Ace Award and in November 2002, she received Employee of the Year Award. Christina is married to Bobby Hurdle and has three children – Jennifer, Ted

and Kelly with seven grandchildren. Christina is considered the “Mama Bear” of the Parks and Recreation office and will be greatly missed by all.



ALAN GREEN (30 YEARS)

Alan Green

Alan Green retired after 30 years of service for the City of Fairfax. Alan started his career in 1984 with the Public Works Department and then moved to the Parks Department when it was created in 1988.

Alan has been married to his wife, Annie for the past 29 years.

They have a son, Cody and a daughter, Candy who just gave birth to a daughter Kendall Elaine on November 1st, making Alan a grandfather. Congratulations, Alan!



Give the gift of a Legacy for the holidays



6 foot Bench Donation

Your gift will provide years of joy to many park patrons. Set in concrete and made of high quality steel, this attractive park amenity will be a way to recognize your commitment to parks and a loved one.

Donation

Your \$2000 gift includes the bench, plaque, installation & maintenance. Park location determined by you and city staff.



Memorial Tree Donation Program

Set in one of the city's beautiful parks, a native Virginian shade tree will be planted to recognize your commitment to parks and a loved one. You will also receive a bronze plaque that can be customized in many formats.

Donation

Your \$500 gift includes the tree, plaque, installation & maintenance. Location determined with your input and final approval by city staff.



Engraved Brick Donation

Set in the oval at Stafford Park this high quality engraved brick will recognize your commitment to parks and a purpose of your choosing.

Donation

Your \$300 gift includes the brick engraving, installation & maintenance. Park location determined by you.

Sherwood Cinema Series Family Fun Movie Nights – Fridays at 7:00pm. **FREE!**

Location: Rehearsal Room at Sherwood Center

Looking for something fun for your family to do on a Friday night for **free**?!! How about a family-friendly movie on the new state-of-the-art big screen? Each movie is rated PG. An adult must accompany anyone under the age of 14.

January 16 – Frozen Movie Sing-a-long and Craft Event
(see below- movie 7pm free)

February 27 – Dolphin Tale 2

March 20 – Disney's Bears

April 17 – Alexander and the Terrible, Horrible, No Good, Very Bad Day

"Our Daily Bread" Food Drive at Family Fun Movie Nights

Our Daily Bread is a volunteer-based organization that identifies and addresses the unmet fundamental needs of Fairfax area residents.

Food can be dropped off at the Sherwood Center on the evenings of the Family Fun Movie Nights (see dates above) between 7pm–9pm. Thank you in advance for your support!



Frozen Movie – Sing-A-Long and Craft Event Friday, Jan 16, 6:00 -8:45pm

Do You Want To Build a Snowman?! Bring a parent and your friends before the movie to make snowflakes, craft an Olaf, put together a Frozen necklace, and also either Sven reindeer antlers OR an Elsa tulle cloak to make and take home.

A Smorgasbord of cheese sandwiches, Olaf noses (carrot sticks), and FROZEN Ice cream cups will be served. If you prefer, or if allergies are a concern, you are welcome to pack food of your choosing or eat before the party. Then, join us at 7:00 for a showing of FROZEN Sing Along Movie!..

Fee: \$12 per child (Deadline to register: Wed, Jan 21)

Swing Dances at Sherwood



Join us for an evening of swing dancing and great music. Each event begins with a half hour swing dance lesson by Gottaswing, followed by a dance. Admission fee can be paid at the door with cash or credit card.

www.gottaswing.com for more information

Sherwood Center, 3740 Old Lee Highway, Fairfax, VA
Additional parking at Van Dyck Park and Belle Willard Center

Winter 2015 Swing Dance Dates

All Dances: 8:00-11:00pm, Swing Lesson: 7:30-8:00pm

Jan 10, Feb 21 and Mar 21

\$15 admission per person, per dance

Best In Show – FREE!

Fridays, 8:00pm

Jan 30, Feb 2, Feb 9, and Feb 16

Nominations for The Academy Award's best picture will be announced on Jan. 15th. Come watch four of the nominated movies on the big screen for free! For specific schedule, please check www.fairfaxva.gov/parksrec after Jan. 16th. Shows will be limited to age 13 for PG13 movies and 18 for rated R.



A Night at the Oscars!- FREE

Sunday, February 22, 6:00-11:00pm

Walk the red carpet and join us for a fabulous evening of magic at the Sherwood Center! Come early and watch the stars walk the red carpet, followed by the broadcast of the Oscars on the big screen. There will be a 'best dress' and 'worst dress' contest. Admissions to the grand event are FREE but bring your cash as we will have food concessions, raffles, contests and more!! This event is also BYOB!

Youth Programs



PRESCHOOL PROGRAMS

The following NEW Preschool Programs will be held at the Sherwood Center, 3740 Old Lee Highway, Fairfax VA 22030

Registration:

Registration for Little School and Small Giants of the Future is on-going at the Sherwood Center or online at www.fairfaxva.gov/parksrec.

Payments:

Please see the fees and billing cycles for each program. An automatic payment plan will be set up for each of the programs and you will be required to provide a credit card number on your account for these transactions.

Policies and Procedures:

A parent handbook will be provided at registration for this program and the parent must agree to abide by all policies and procedures set forth by the City of Fairfax Parks and Recreation Department. Parents must complete an Emergency Contact/Medical Forms before the start of the program.

Little School

Ages: 2–4 years

Instructors: Karina Moser and Becca Allen

**Mondays, Thursdays and Fridays,
9:15am–11:45am
September 8, 2014–May 29, 2015**

This is a fun two-day program for the busy little people! Let's get ready for preschool and meet new friends! This preschool program for your little one will prepare them for school while learning and having fun. Each day we will enjoy circle time, story time, art, music, singing, games and snack time. We will learn together about manners, colors, shapes, abc's, early numbers in playful manner and will have a great time. Each class includes a snack.

Each month, parents will be asked to take turns to help out as a 'classroom parent'.

Teachers do not change diapers. If your child has a dirty diaper, the staff will call the parents and will require them to come change the diapers.

Two Day Option

Fee: \$199/month, payment plan with monthly automatic payments. \$199 due at the time of registration, and then an automatic payment of \$199 will be processed on the first of each month until May 1, 2015.

Three Day Option

Fee: \$289/month, payment plan with monthly automatic payments. \$289 due at the time of registration, and then an automatic payment of \$289 will be processed on the first of each month until May 1, 2015.



"Small Giants of the Future" - Spanish Immersion Preschool

Ages: 2–4 years

Instructors: Human Advance LLC

Tuesday, Wednesdays and Thursdays, Jan 13 to May 28 (No Class 3/31, 4/1, 4/2), 9:00am–12:00pm

In this program, you will have the opportunity to see, feel and hear your happy child through play, dance, music and artistic expression. Your child will be immersed in a world where only Spanish is spoken. Not only will your child learn a new language, but he/she will learn some basic fundamental principles, trust and respect, in order to achieve their freedom of expression and analysis.

Our curriculum is based on 3 fundamental pillars: the methodology used by Maria Montessori, Rudolf Steiner's insights and pedagogy (Waldorf School) and Albert Yans (conscious and unconscious learning). To learn more, please visit our website www.michuchutren.com

We have combined the best of these 3 methodologies in order to provide a holistic education that will educate the whole child: head, heart, and hands. We make learning experiential, emotional and fun without losing the responsibility and commitment of educating your child. We love our work and we believe that these little ones will be the "Small Giants of the Future".

Parents are welcome to visit any of our classes so they can share this experience alongside their kids. Together we will build a foundation that is essential to each child's life.

Each class includes a small snack. Children must be potty trained.

Three Day Option

(Tuesdays, Wednesdays, and Thursdays):

Fee: \$250 due at the time of registration, and then an automatic payment of \$250/month will be processed on the first of each month from Feb 1, 2015 until May 1, 2015.

Two Day Option

(Tuesdays, and Thursdays):

Fee: \$170 due at the time of registration, and then an automatic payment of \$170/month will be processed on the first of each month from Feb 1, 2015 until May 1, 2015.

YOUTH ENRICHMENT

Baby and Me

Ages: 9 – 24 months

Location: Room 114 at Green Acres Center

Monitor: Gayle Ogletree

Tuesdays, 9:30am – 11:30am

Location: Green Acres Center, Room 114

Come to an unstructured play session with your Baby! Have fun in a room full of toys, while listening to music and being with friends! We will supply the toys, music and mats. You bring an adult and your adorable self!

Jan 6–Feb 24

Mar 10–Apr 28

Fee: \$37 per session

Drop in fee: \$5

Session A

Session B



Toddler Time

Ages 2–4 years

Location: Location: Green Acres Center, Room 114

Come to a play group with your toddler where they can learn social skills and have a great time with friends! We'll supply the toys, music and mats. Bring your toddler and join the Fun!

Wednesdays, 9:30am–11:30am

Monitor: Amy Wise

Jan 7–Feb 25

Mar 11–Apr 29

Thursdays, 9:30am–11:30am

Monitor: Heidi Dudik

Jan 8–Feb 26

Mar 12–Apr 30

Session A

Session B

Session A

Session B

Fee: \$37 per session

Drop in fee: \$5

Mi Chu Chu Tren® – Adventures to Learn Spanish

Instructor: Human Advance LLC

Jan 6 – Jun 24, See days and time below

Location: Sherwood Center

Mi chu chu tren is an immersion program full of adventures to learn Spanish. Once you are aboard we use our imagination to travel on Mi Chu Chu Tren through different worlds. We use music, movement, play and creative activities that make the process of learning natural and very fun. Mi Chu Chu tren will show and teach you about The Hispanic culture. We follow a Full Academic Year registration to ensure progress through continuity as consistency is key in the process of learning a language.

Previous exposure to the language is not required. For more information visit michuchutren.com

Ages 18mo–3yrs

Session A

Tuesdays, 10:00am–11:00am

Ages 18mo–3yrs

Session B

Wednesdays, 10:00am–11:00am

Ages 3yrs–5yrs

Session C

Wednesdays, 4:00pm–5:00pm

Fee: \$60 per month

\$60 due at the time of registration, and then an automatic payment of \$60 will be processed on the first of each month until June 1, 2015. For cancellations we require a 30 day notice.



Youth Programs

YOUTH MUSIC

Musikgarten, Twist and Turn (Mixed Age)

Ages: Newborn–4 years and parents/guardians

Instructor: Susan Cottrell

Thursdays, 10:35–11:20am

Location: Rehearsal Room at Sherwood Center

Parents and children will enjoy the music and movement activities taught by a fully certified Musikgarten teacher. Explore instruments, sing and dance. Please come prepared for active fun together!

Feb 5–Mar 26

Session A

Apr 16–Jun 4

Session B

Fee: \$95 per session (additional \$30 supply fee to the instructor)

Musikgarten, Family Music for Babies 2

Ages: Newborn–16 months and parents/guardians

Instructor: Susan Cottrell

Thursdays, 10:00–10:30am

Location: Rehearsal Room at Sherwood Center

Parents and babies will enjoy some special time together rocking, bouncing, singing, exploring instruments and moving to the music. Come prepared for active play together.

Feb 5–Mar 26

Session A

Apr 16–Jun 4

Session B

Fee: \$75 per session (additional \$39 supply fee to the instructor)



Musikgarten, Dance with Me (Toddlers)

Ages: 16 months–4 years and parents/guardian

Instructor: Susan Cottrell

Thursdays, 9:25–9:55am

Location: Rehearsal Room at Sherwood Center

Parents and children will enjoy the music and movement activities taught by a fully certified Musikgarten teacher. Explore instruments, sing and dance. Please come prepared for active fun together!

Feb 5–Mar 26

Session A

Apr 16–Jun 4

Session B

Fee: \$75 per session (additional \$35 supply fee to the instructor)



Music Together of Vienna

Ages: newborn–5 years and parents/guardians

Instructor: Music Together of Vienna Staff

See dates and times below

Location: Art Room at Sherwood Center

This is the essential Music Together class, one that a child can attend from birth through age five through all nine song collections. This basic class follows the recommendations of child development researchers—grouping children of a variety of ages because this fosters natural, family-style learning. Younger children enjoy watching and imitating older ones; older children learn by leading younger ones; and adults are happy because the children in the family can go to class together to share this important family music experience.

Your family will receive two professionally recorded CDs of the semester's collection and an illustrated songbook with activities and parent education. In addition, all families new to Music Together receive a DVD explaining our principles, research and philosophy.

Mondays

9:40am–10:25am

Jan 5–Mar 23 (no class 1/19, 2/26)

Session A

Apr 13–Jun 8 (no class 5/25))

Session B

10:40am–11:25am

Jan 5–Mar 23 (no class 1/19, 2/26)

Session C

Apr 13–Jun 8 (no class 5/25)

Session D

Saturdays

9:30am–10:15am

Jan 10–Mar 14

Session E

April 11–Jun 13 (no class 4/18, 5/2)

Session F

10:30am–11:15am

Jan 10–Mar 14

Session G

April 11–Jun 13 (no class 4/18, 5/2)

Session H

Fee:

Session A, C, E, G: \$215 first child (\$40 off additional siblings) per session

Session B, D, F, H: \$180 first child (\$40 off additional siblings) per session (There is no charge for siblings under eight months at start date of class).





Private Piano Lessons

Ages: 5 years and up

See dates and times below

Location: Sherwood Center

Do you have a child who loves music and is interested in learning how to play the piano? Or are you an adult who has always wanted to learn, or one who took lessons as a child and wants to start up again? This is a great opportunity to learn a new artistic skill, or revisit an old one using the Sherwood Center's brand new Steinway piano. Lessons will be one-on-one for 30 minutes each lesson. There will be two recitals a year for younger students; adults are invited to attend informal workshops with other adults to listen or share what they've been working on.

Tuesdays—half hour lesson between 4:00–6:00pm, Instructor: Rebecca Allan
Jan 6–May 26 **Session A**

Wednesdays—half hour between 3:00–8:00pm, Instructor: Michael Wheatley
Jan 7–May 27 **Session B**

Thursdays—half hour lesson between 6:00–8:00pm, Instructor: Wendy Basinger
Jan 8–May 28 **Session C**

Fee: \$140 will be due at registration, and automatic payments of \$140 will be processed on Feb 1, Mar 1, Apr 1, and May 1

Once you register, the instructor will contact you to coordinate your half hour private lesson time block during the time period listed on that day. A piano book supply fee is payable to the instructor on the first day of class.

Little Piano Lessons

Ages: 4–6 years

Instructor: Rebecca Allan

Tuesdays, Jan 6–May 26 , 12:00pm–2:00pm, half hour time block

Location: Rehearsal Room at Sherwood Center

Come and join Beethoven Bear and Mozart Mouse on an exciting piano adventure. This is a fun introductory course of individual lessons for young children. Content includes keyboard skills, early note reading, piano and rhythm movement games, singing and lots more! Teaching is aimed at also developing math and coordination skills.

Fee: \$120 will be due at registration, and two automatic payments of \$120 will be processed on Feb 1, Mar 1, Apr 1, and May 1

Supply Fee for two books at \$7.95 per book, plus tax, total \$16.70 to instructor on first day. Once you register Ms Becka will coordinate with you to schedule your half hour time block for lessons.

Private Violin and Viola Lessons

Ages: 12 years and up

Instructor: Michael Wheatley

Wednesdays or Thursdays, Jan 7–May 28, half hour time block between 3:00–7:00pm

Location: Activity Room at Sherwood Center

Do you have a child who loves music and is interested in learning the violin or viola? Or are you an adult who has always wanted to learn, or are looking to pick it up once again? Come to Sherwood Center for one-on-one lessons for 30 minutes each. We will have recital opportunities this year and informal workshops for adults to engage with other adult students. Our instructor can also assist you with renting an instrument, if needed.

Fee: \$140 will be due at registration, and automatic payments of \$140 will be processed on Feb 1, Mar 1, Apr 1, and May 1

Once you register, the instructor will contact you to coordinate your half hour private lesson time block during the time period listed on that day. A book supply fee is payable to the instructor on the first day of class.



Youth Programs

SPORTS/FITNESS

NEW

Evolution Martial Arts

Ages: 5 years and up

Instructor: Dante Herrera and Tarika

Sethi of Evolution Martial Arts

Mondays, 6:00pm- 6:45pm

Location: Sherwood Center

Learn life skills, bully prevention, leadership skills, and self-defense, all while making friends and having fun!

Feb 2–Apr 6 (no class 2/16 and 3/30)

Session A

Apr 13–Jun 8 (no class 5/25)

Session B

Fee: \$80 per session

U.K. Petite Soccer Mommy & Me

Ages: 2–3 years

Instructor: UK Elite Staf

Wednesdays, 4:30–5:30pm

Location: Green Acres Gym/
Van Dyck Field

U.K. Petite classes for 2–3 year olds offers young children an introduction to playing fun games with one of their parents that revolve around a soccer ball! Our parent and child classes will have a fun curriculum that utilizes soccer as a medium for developing general motor skills, foot eye coordination and socialization. For more information, visit www.ukelite.com.

Saturdays 9:00–9:30

Feb 7–March 2

Session A

Green Acres Gym

Apr 18–June 6

Session B

Van Dyck Field

Tuesdays 10:00am-10:30am

Apr 18 – June 6

Session C

Dyck Field

Fee: \$75 Per Person



Tae Kwon Do I

Ages: 6–12 years

Instructor: James Harrison

Saturday, 9:30am–10:25am

Location: Green Acres Center

Modern martial arts training that focuses on traditional values. Emphases will be on mental discipline, physical fitness and self-defense.

Uniforms may be purchased through the instructor.

Jan 10–Feb 28

Session A

Mar 7–Apr 25

Session B

Fee: \$120

Little Ninjas

Ages: 4–5 years

Instructor: James Harrison

Saturday, 10:30am–11:15am

Location: Green Acres Center

Motivate your young children through a fun learning environment as kids develop gross motor skills and build self-esteem, attention span and listening skills. Uniforms may be purchased through the instructor.

Jan 10–Feb 28

Session A

Mar 7–Apr 25

Session B

Fee: \$90

U.K. Elite Soccer-Technical Program

Ages: 6–9 years

Instructor: UK Elite Staff

Saturdays, 11:00am–12:00pm

Location: Green Acres Gym/
Van Dyck Field

U.K. Petite for children ages 6–9 offers young children the perfect introduction to the world's most popular sport! This is a Technical Program which focuses on ball mastery and the individual player's technique. The class will focus on improving fundamental motor skills and will also introduce the players to an organized game environment, in a 4v4 format. Classes will be conducted by a professional trainer and will consist of 6 x 60 minute lessons. For more information, visit www.ukelite.com.

Feb–March 28

Session A

(Green Acres Gym)

Apr 18–June 6

Session B

(Van Dyck Field)

Fee: \$105

NEW

Tennis Lessons

Ages: 4 and up

Instructor: Emily Pavot

Saturdays, 11:00–12:15pm

Location: Van Dyck Park

Learn forehands, backhands, volleys, and serves with Emily Pavot, a former Division 1 tennis player for GMU. Anyone can learn or improve their skills in this fun game that can be played for a lifetime! Please bring 1 can of balls to the first class.

**4–6 years: Tuesdays,
5:00pm–5:45pm**

May 5–26

Session A

June 2–23

Session B

**7–11 years: Tuesdays,
6:00–7:00pm**

May 5–26

Session C

June 2–23

Session D

**12–18 years: Thursdays,
5:00–6:00pm**

May 7–28

Session E

June 4–25

Session F

**18 years and up, Thursdays,
6:00–7:00pm**

May 7–28

Session G

June 4–25

Session H

Fee: \$99 per session

Beginning Basketball

Ages: 6–9 years

Instructor: Keith Smith

Wednesdays, 5:30–6:30pm

Location: Gym at Green Acres Center

What a great way to get that “first taste” of organized basketball! Boys and girls will receive instruction on individual skills such as shooting, dribbling and passing as well as some basic team play. This eight-week developmental program is designed for children who are just learning to play basketball. It will help with each participant's coordination and conditioning as well as introduce team-concept and organized-sport fundamentals. Let our professional staff prepare your child for organized basketball in a fun, rewarding and nonthreatening environment, and utilizing age-appropriate activities.

Jan 7–Feb 25

Session A

Mar 11–Apr 22

Session B

Fee: \$75

U.K. Petite Soccer

Ages: 3–5 years

Instructor: UK Elite Staff

**Saturdays, 9:45am–10:15am or
10:30am–11:00am**

Location: Green Acres Gym/
Van Dyck Field

U.K. Petite for children ages 3–5 offers young children the perfect introduction to the world's most popular sport! Our unique “games based” approach to teaching soccer provides every child the opportunity to develop motor skills, social skills, coordination and general athletic ability in a stimulating, motivating, educational environment. For more information, visit www.ukelite.com.

Saturdays

Feb 7–March 28

Session A

(9:45am–10:15am) Gym

Feb 7–March 28

Session B

(10:30am–11:00am) Gym

Apr 18–June 6

Session C

(9:45am–10:15am) Field

Apr 18–June 6

Session D

(10:30am–11:00am) Field

Tuesdays

Apr 14–June 2

Session E

(10:45am–11:15am) Field

Apr 14–June 2

Session F

(11:30am–2:00pm) Field

FEE: \$75

Advanced Basketball

Ages: 10–13 years

Instructor: Keith Smith

Wednesdays, 4:30–5:30pm

Location: Gym at Green Acres Center

In this class your child will learn:

- How to dribble and pass correctly
- How to be a “greedy” receiver
- Tips on how to become a great shooter
- How to move, cut and catch to be in position to take a good shot
- Easy take home tips to practice basic skills on their own
- How to use their footwork to increase accuracy
- Defensive stances and footwork

During games and some practices, your child may not have enough touches to give them skills necessary to be a good player. With more touches, your child becomes a better basketball player.

Jan 7–Feb 25

Session A

Mar 11–Apr 22

Session B

Fee: \$90 per session



Lil Sluggers Baseball

Instructor: Blue Box Sports

Saturdays, 9:00am–9:45am

Location: Green Acres Gym

Ages 3–4yrs: Minors

Saturdays, 9:00am–9:45am

Ages 2–3yrs: Mascots

Saturdays, 10:00am–10:45am

Ages 4–5yrs Majors

Saturdays at 11:00am–11:45am

Lil Sluggers is a child development program created to introduce kids ages 2–5 to the game of baseball. Lil Sluggers classes develop important baseball skills such as throwing, catching, hitting, and base running. Developmentally appropriate equipment and games are used to teach your child the game of baseball in a fun, exciting, and positive environment. Designed to make fitness fun while your child develops self-confidence, baseball skills and joy for the game. Dress for the weather.

March 7–April 25

Fee: \$128

Blue Box Basketball

Instructor: Blue Box Sports

Location: Session A- Green Acres Center
Indoor Gym/Session B- Green Acres
Center Outdoor Courts

Ages 3–4yrs

Saturdays, 9:00am–9:45am

Ages 26–36 months

Saturdays, 10:00am–10:45am

Ages 4–5

Saturdays, 11:00am–12:00pm

Ages 5–6

Saturdays, 12:00pm–1:00pm

Our Basketball program is a development class which helps introduce children to the game of basketball. The program teaches basketball skills in a fun and loosely structured environment. The success of this program is due to our coaches and parents (when needed). The curriculum focuses on ball handling/dribbling, shooting, passing, agility, and footwork skills through different activities during each weeks 45 minute class.

As children progress through the Basketball program, they will be introduced to more advanced basketball activities and game situations. Our non-competitive philosophy builds confidence without the pressure of winning. Tough topics for kids like sharing, teamwork, and listening skills are critical components to the program. Session B dress for the weather.

Jan 10–Feb 28

Session A

Mar 7–Apr 25

Session B

Fee: \$128



Youth Programs

YOUTH DANCE

NEW

Creative Movement

Instructor: Joy of Dance Instructors

Ages: 3–4 years

Saturdays, Feb 7–Jun 6 (no class Apr 4),

10:45am–11:15am

Location: Sherwood Center

Students in this program must have previous dance training in the Combination I level or equivalent experience. Students are trained in the Joy of Dance syllabus and gain knowledge of tap technique through tap barre, progressions, combinations and stylized Broadway tap routines. Students love learning our jazz routines! Students will have the opportunity to perform at a retirement home in December. Class leotard and skirt required, along with jazz and tap shoes.

Fee: \$200, automatic payment plan available: \$50 at time of registration, \$50 due on Mar 1, Apr 1, and May 1

Tumbling

Instructor: Adrenaline Dance Force

Mondays, Feb 2–May 4, see times below

Location: Rehearsal Room at Sherwood Center

Our ADF Tumblers will learn tumbling basics, techniques, flexibility, and beginner/intermediate level skills such as rolls, cartwheels and backbends. Core techniques and balance are incorporated to build strength and coordination. Students will improve gymnastics skills, balance and increase strength by staying grounded and strong through upper and lower body movement.

3–4 years

3:15–4:00pm Fee: \$120

4–6 years

4:00–5:00pm Fee: \$140

7–12 years

5:00–6:00pm Fee: \$140

B-Girl/B-Boy Hip Hop

Ages: 5–10 years

Instructor: Adrenaline Dance Force Staff

Wednesdays, Feb 4–April 29, 5:00–6:00pm

Location: Rehearsal Room at Sherwood Center

Come learn the latest street dancing technique, performance skills and confidence. Our class offers the ability to improve hip hop style, increase memory, improve balance and increase strength by staying grounded and strong through upper and lower body movement. Adrenaline's experienced staff brings excitement to this class with the latest hip hop moves and age appropriate music. Comfortable loose clothing and flat sole sneakers are recommended.

Fee: \$140

Jazz Dance

Ages: 5–10 years

Instructor: Adrenaline Dance Force

Wednesdays, Feb 2–April 29, 6:00–7:00pm

Location: Rehearsal Room at Sherwood Center

This high energy one hour class will focus on jazz technique, performance skills, showmanship, and confidence. Our instructor will help you increase flexibility, improve dance technique, challenge your memory skills, balance and strength. Our experienced staff brings excitement to dance class with current upbeat music and exciting choreography! Students will master these moves that will build into a performance at the end of the session.

Fee: \$140

Tutus for 2's™

Ages: 2 years

Instructor: Joy of Dance Instructors

Tuesdays, Feb. 3–May 26, 9:30am–10:00am

Location: Rehearsal Room at Sherwood Center

Tiny ballerinas will be introduced to French ballet vocabulary, ballet warm-ups, creative movement, games and large motor skill development through our fun Tutu's for Twos ballet syllabus. Your baby ballerina will explore the excitement of ballet using costume accessories, props, ballet stories and puppets. The session will conclude with a parent watch day.

Fee: \$200, Automatic payment plan available: \$50 at time of registration, \$50 due on Mar 1, Apr 1, May 1

Fairytale Ballet™

Ages: 3–5 years

Instructors: Joy of Dance Instructors

Location: Rehearsal Room at the Sherwood Center

Young dancers will enjoy dancing to their favorite cherished tunes from fairytales such as Cinderella, Sleeping Beauty, Beauty and The Beast, to name a few. They will learn ballet dances to popular classical ballets and perform in costumes. All Fairytale Ballet™ Classes concludes with a parent watch day every 4 weeks.

Tuesdays, Feb 3–May 26 (no class 3/31),

10:00–10:45am

Session A

Saturdays, Feb 7–Jun 6 (no class Apr 4,)

10:00–10:45

Session B

Fee: \$300, Automatic payment plan available: \$75 at time of registration, \$75 due on Mar 1, Apr 1, May 1



Intro to Ballet

Ages: 3–4 years

Instructor: Judy Keefe-Massaró

Tuesdays or Thursdays,

5:00–5:45pm

Location: Rehearsal Room at Sherwood Center

Intro to Ballet provides an introduction to the fundamentals of classical ballet. Through storytelling and creativity, students are introduced to the basic positions, postures, fundamental sequences and ideals of classical ballet. Held in the brand-new Stacy C. Sherwood Community Center Rehearsal Room!

Tuesdays:

Feb 3–Mar 24

Apr 14–Jun 2

Session A

Session B

Thursdays:

Feb 5–Mar 26

Apr 16–Jun 4

Fee: \$75 per session

Session C

Session D

Ballet

Ages: 5–8 years

Instructor: Judy Keefe-Massaró

Tuesdays or Thursdays,

6:00–6:45pm

See dates below

Location: Rehearsal Room at Sherwood Center

This class will introduce children to the fun of classical ballet and creative movement. Children will learn basic ballet vocabulary and technique while improving coordination, flexibility and concentration. This course is taught by a professional ballet dance instructor with a master's degree in dance and a specialization in children's dance. Held in the brand new Sherwood Community Center Rehearsal Room!

Tuesdays:

Feb 3–Mar 24

Apr 14–Jun 2

Session A

Session B

Thursdays:

Feb 5–Mar 26

Apr 16–Jun 4

Fee: \$75 per session

Session C

Session D



Royal Academy of Dance (RAD)

Joy of Dance students have the opportunity to study the Royal Academy of Dance Ballet Method and have the opportunity to participate in annual RAD Exams. For more information: www.rad.org.uk

To participate in the RAD examination, student will need to attend both Fall and Winter/Spring semesters. Fall semester will conclude with a Parent Watch Day. Winter/Spring will conclude with RAD examinations and students will present a mini ballet in May. For RAD class attire, contact info@joyofdance.org

RAD Pre-Primary Ballet Performance Class

Ages: 4–6 years

Instructor: Joy of Dance Instructors

Fridays, Feb 6–May 29 (no class 4/3), 4:30–5:15pm

Location: Rehearsal Room at the Sherwood Center

At Joy of Dance, a student's journey through classical ballet begins with an introduction to the Pre-Primary Grade of the Royal Academy of Dance curriculum. This ballet class will introduce traditional ballet warm-ups, across the floor progressions, and dances designed especially for young children. At the end of the class series, the students are assessed and awarded a performance certificate that provides proof that candidates have attained an international standard classical dance appropriate to their age.

Fee: \$300, automatic payment plan available: \$75 at time of registration, \$75 due on Mar 1, Apr 1, May 1

RAD Primary Ballet Performance Exam Class

Ages: 7 years and up

Instructor: Joy of Dance Instructors

Fridays, Feb 6–May 29 (no class 4/3), 5:30–6:30pm

Location: Rehearsal Room at the Sherwood Center

The Royal Academy of Dance primary ballet graded syllabus is for ages 7+. This class will produce quality technique, strength and flexibility. At the end of the class series, the students are assessed and awarded a performance certificate that provides proof the candidates have attained an international standard classical dance appropriate to their age.

Fee: \$320, automatic payment plan available: \$80 at time of registration, \$80 due on Mar 1, Apr 1, May 1



Youth Programs



ART

NEW

ART BUG - Have Fun Painting in Acrylic

Ages: 7–12 years

Instructor: Anna Cerezo

Thursdays, 4:30–6:00pm

Location: Sherwood Center

For young artist to experiment and familiarize themselves with the features of acrylic paint. Exercises will include working on compositions that explore different brushes, application techniques and composition building through paint and stroke layering.

Feb 5–Mar 26

Session A

Apr 16–Jun 4

Session B

Fee: \$120 per session, \$15 supply kit fee due to instructor on the first day of class.

TEEN ENRICHMENT

SAT/ ACT Prep

Ages: 14–19 years

Instructor: Emily Pavot, M.Ed.

Wednesdays, see dates below,

6:00–7:00pm

Location: Sherwood Center

We help your student prepare to do his or her best on the SAT or ACT. Your student will...

- Identify areas of strength and weakness
- Identify which test is best for him or her
- Become comfortable with test format,
- Learn how to apply test strategies,
- Identify needed accommodations,
- Prepare for both November and December tests.

April 8–May 20

Session A

Jan 7–Feb 25

Session B

Fee: \$200 per session

American Red Cross Babysitting Course

Ages: 10–14 years

Instructor: American Red Cross Instructors

Monday, March 16, 10:00am–4:00pm

Location: Sherwood Center

The Red Cross Babysitting Course is a one day program designed to provide youth ages 11–15, who are planning to babysit with the knowledge and skills necessary to safely and responsibly give care for children and infants. This training will help participants to develop leadership skills, learn how to develop babysitting business, keep themselves and others safe and help children behave. In addition, participants will learn about basic child care and first aid. Fee: \$110

DANIELS RUN AND PROVIDENCE ELEMENTARY SCHOOL AFTERSCHOOL CLASSES

The City of Fairfax Parks and Recreation Department and the PTAs of Daniels Run Elementary School and Providence Elementary School will work together again this winter to provide another fun After-School Program for students. The program is for grades K–6. A flyer will be sent home with children through their schools in January with more information.



Spring Break Programs

Week of March 30th – April 3rd

Spring Break Soccer Camp

Ages: 5–14 years

Instructor: UK Elite Soccer

Mon–Fri, March 30–April 3,
see times below

Location: Drop off at Sherwood Center,
play at Van Dyck Park

Soccer Camp for all levels of soccer players, will have a technical, skill development focus, followed by small sided games and a daily world cup to see who will become champions of the world!! Fun, Positive, Enthusiastic Learning Environment from Professional British Soccer Coaches.

Half Day Program: 9:00am–12:00pm,
Fee: \$100

Full Day Program: 9:00am–3:00pm,
Fee: \$175

NIKE Basketball Spring Break Camp

Ages: 8–15yrs

Instructor: Awee Storey

Mon–Friday, Mar 30–Apr 3,
9:00 am–5:00 pm

Location: Fairfax High School Field
House (Gym)

Nike Basketball Camp will make its debut at Fairfax High School for a Spring Break Camp. Led by former Washington Wizards forward Awee Storey and his experienced staff, the camp will feature professional instruction for boys and girls, ages 8–15, with the instruction designed for the specific skill level of the participants. Coach Storey was a standout collegiate basketball player at Arizona State University, before continuing his playing career professionally in the NBA with the Wizards, New Jersey Nets, and Milwaukee Bucks. Storey also competed professionally internationally in New Zealand and the Philippines. The instruction will focus on the game's fundamentals, while instilling the importance of commitment, teamwork, character, and sportsmanship helping each camper reach his/her full potential.

Fee: \$285

All Art Spring Break Camp

Ages: 6–13 years

Instructor: Adam Lister

Monday–Friday, Mar 30–April 3,
9:00am–3:00pm

Location: Sherwood Center

All Art Camp offers your children the opportunity to experience making art in a safe, fun and supportive environment. Activities will include making numerous exciting art projects, indoor and outdoor games and special events such as the end of the week student art show.

Our unique program encourages self-expression, creativity, and the development of artistic skills and imagination. Our diverse selection of activities that are introduced include drawing and painting from photographs and historical paintings, exploring abstract art, and working on multiple sculpture projects using clay, plaster and mixed materials. We explore a wide variety of approaches to making art, including watercolor, colored pencil, pastel, acrylic paint and much more. Friday is “Art Show Day”, when kids get a chance to display all of the amazing artwork they created during the week.

Fee: \$260

Politically Correct Fairy Tales Drama Camp

Ages: 7–14yrs

Instructor: City of Fairfax
Theatre Company

Monday–Thursday, March 30–April 2,
8:30am–:00pm

Location: Sherwood Community Center

Once there was a young person named Red Riding Hood who was fully capable of taking care of herself as a mature adult. She travelled into the forest - not concerned that it was a dangerous place, because she was a strong, confident independent young woman. How will the modern, confident Red Hood deal with the freewheeling Wolf - an outcast in modern society, with his own entirely valid outlook on life?

This and other traditional fairy tales will come to life in a quirky, student developed and written scenes at our 4-day Spring Break “Politically Correct Fairy Tales Drama Camp!” www.fairfaxcitytheatre.org

Fee: \$112

Aftercare: 3:00pm–5:00pm – \$52 per camper per week



Youth Programs

2015 Summer Camp Programs

General Info

The City of Fairfax Parks and Recreation Department strives to provide safe, fun and affordable camp programs for your children! This year, camp will run for seven weeks from June 29th through August 14th.

Our camps offer your children the opportunity of a lifetime to engage in safe and enjoyable activities, while forming positive relationships with other campers and staff. We strive to provide programs that will allow children to grow and develop intellectually, physically, culturally and socially. Campers will have the benefit of learning from role models while spending quality time with their friends in a great environment.

Your family will have the option to enjoy the entire seven weeks of camp or to attend any of our two-week sessions (see below for specific dates). This two-week session option allows more flexibility for families who are not able to attend camp the entire seven weeks but still would like to have their children enjoy a great camp experience this summer.

As always, the City of Fairfax Parks and Recreation Department strives to provide a safe, high quality and affordable camp experience for your family. If you have any questions, please contact us at 703-385-7858 or email parksrec@fairfaxva.gov.



Registration for Participants from the 2014 Summer Camp

Starts February 2nd!

2015 Summer Camp registration for campers who participated in the 2014 City of Fairfax Summer Camp will begin on Monday, February 2 at 8:30am. No need to rush in! Those who register before February 13th are guaranteed a space in the program. To ensure proper placement of the camper, a birth certificate may be required before or after registration.

Open Registration for All New Summer Camp Participants – Starts February 17th!

Starting on Tuesday, February 17th, we will accept walk-in registrations for campers who did not participate in the 2014 camp program.

Registration Locations:

City Hall, 10455 Armstrong St.

Monday- Friday, 8:30am–5:00pm

Green Acres, 4401 Sideburn Road

Monday–Friday, 8:30at to 8:00pm and

Stacy C. Sherwood Community Center

Saturday, 9:00am to 4:00pm

Fax: 703-246-6321

Mailed: City of Fairfax Parks and Recreation, 10455 Armstrong St. Fairfax VA 22030

(faxed and mailed-in registrations will be processed on February 17th after walk-in registrations are completed)

Email: parksrec@fairfaxva.gov (download registration form at <http://www.fairfaxva.gov/government/parks-recreation/camp-programs>)

NEW

Payment Plan – Automatic Payments

At the time of registration, you may choose to pay for the entire summer in entirety or go on a payment plan. This year, if you choose to use the Payment Plan option, you will be required to enroll in the Automatic Payment Plan. No more worrying about when to make your payments! When registering, a credit card will securely be held on file and the City of Fairfax Parks and Recreation Department will charge that card on March 1st, April 1st and May 1st for the amount due according to your family's payment plan.

Payment Plan Schedule:

A deposit of \$100 (Full summer) or \$40 (for each individual session) will be due at the time of registration and Three additional payments (your balance split into three equal payments) will be due March 1st, April 1st, and May 1st

FAILED PAYMENTS

For those who choose the payment plan, an automatic payment is required. If the payment fails to process on the due date, you will be notified by Parks and Rec staff. You will then have five business days to make up the payment. If the payment is then not paid, there will be a \$25 fee incurred and \$25 fee for every additional five days thereafter that the payment is outstanding.

FULL PAYMENT DISCOUNT

A discount of \$50 will be applied if the registration is paid in full at registration between February 2nd and March 1st for the FULL Summer option for any of the camps; Sunshine Kidz, Summer Day Camp at Daniels Run or Providence Elementary, Middle Grades Camp at Lanier or Teen Adventure Camp.

SIBLING DISCOUNT

A sibling discount will be applied for families registering for camp with two or more children in the same household. A 10% discount is given for the second child. A 20% discount will be given for all additional siblings.

Qualifiers: A 'sibling' is categorized as one of two or more individuals having one or both parents in common.

REFUNDS & TRANSFERS

Refunds will be processed minus a \$100 fee for the full summer or \$40 for each withdrawn session. No refunds will be given after June 26th. Space permitting, transfers into different sessions will be allowed.



Staff

The City of Fairfax Parks and Recreation Department take tremendous pride in our amazing camp staff. Many of our camp employees have worked in our camp program for several years. Each site has a Site Leader who manages the camp. Specialists in areas such as art and sports will visit each site every week to teach different activities with the children. Each camp site has personnel that are certified in Standard First Aid, CPR and AED. In order to provide the best care for your child, all staff is required to attend trainings on subjects such as child development, child abuse recognition and reporting, diversity, blood born pathogens, positive disciplining, games and leadership

Field Trips

The costs of the field trips are incorporated into the price of the camp. This will allow for all children to be able to participate in all field trips. Local field trips examples may include water parks, ice-skating or trips to local parks. Each trip will be determined by what is most age appropriate for the campers and the number of participants in that specific camp. Sunshine Kidz will attend one local field trip each week. The camps at Daniels Run, Providence will go on one local trip and one water-related trip a week. The Lanier and Teen Camp will attend two local and one water-related field trip a week. Refunds will not be given for any trips that campers do not attend. More details on specific field trip locations will be sent home and posted online to all registered camp participants in April.

Emergency Contact/ Medical Forms

For your child's safety, it is REQUIRED that all guardians complete a new Participant Information Form every year. This form includes emergency contacts, health history and other important information for camp staff to keep your child as safe as possible.

This form will be available online at www.fairfaxva.gov/parksrec. This form must be completed NO LATER than June 15. Children will not be permitted to be dropped off at camp without completing this form

Financial Assistance

Financial Assistance is available for qualified families. Tax forms and/or proof of income are required and financial aid will be based on a sliding scale. If you need to apply for financial assistance, you must contact the City of Fairfax Parks and Recreation Department to make an appointment.

Deadline for Financial Assistance for the Camp program is June 1st.

Other Information:

All participants will receive a one summer camp T-shirt that must be worn on all field trips. Additional shirts may be purchased for \$10 per shirt.

A parent handbook will be available at registration and online at www.fairfaxva.gov/parksrec. This booklet will provide more specific details on camp procedures, schedules, activities and policies.



Information Session – NEW!

An information session will be held on Monday, June 22, at 7pm at the Sherwood Community Center. Families will have the opportunity to meet and greet the some of the camp staff, complete their Participant Information Form, learn more about the camp day and ask questions.

AGE REQUIREMENT:

Must reach the age listed per camp by September 30, 2014

Full Summer Camp Dates: June 29th – August 14th

Session Dates

Session A: June 29th–July 2nd
(four days)

Session B: July 6th–July 17th

Session C: July 20th–July 31st

Session D: August 3rd–August 14th

Traditional Day Camps

**Full Summer Camp Dates:
June 29th – August 14th**

Session Dates

Session A: June 29th–July 2nd
(four days)

Session B: July 6th–July 17th

Session C: July 20th–July 31st

Session D: August 3rd–August 14th

**Sunshine Kidz Day Camp
– NEW LOCATION ADDED!**
(birth certificate must be
shown at registration)

Ages: 3–5 years olds

Location: Daniels Run Elementary
School, 3705 Old Lee Hwy, Fairfax, VA
or Providence Elementary, School, 3616
Jermantown Rd., Fairfax VA

Time: 8:45AM–1:00PM

Preschoolers and rising Kindergarteners can enjoy the summer at Sunshine Kidz Day Camp! This camp will provide children with age appropriate activities which will include arts and crafts, entertainers, special events, games, field trips and water activities (water games, sprinklers, there are no swimming pool activities). Other activities may include puppet shows, picnics, storytellers and cultural events. Children will develop important social skills while playing with their friends and leaders in a fun and safe environment. Each week, campers will attend one local field trip to places such as local parks, farms, or theaters.

Full Summer Fee: \$845

Session A: \$145

Session B: \$300

Session C: \$300

Session D: \$300

REQUIREMENTS FOR SUNSHINE KIDZ CAMP PROGRAM

The Sunshine Kidz Day camp Program is a Virginia state-licensed preschool program. The following items are requirements for licensing and all paperwork will be located at City Hall, Green Acres, the Stacy C. Sherwood Community Center and online at www.fairfaxva.gov/parksrec in February.

REQUIREMENTS FOR SUNSHINE KIDZ DAY CAMP PARTICIPANTS:

- Proof of age verification (birth certificate must be shown at registration)
- Participant Information Form (online: www.fairfaxva.gov/parksrec)
- Illness information, Field Trip Permission and School Attendance Form
- Copy of current immunization records from doctor dated after 6/30/2014
- VA State School Entrance Health Form
- Physical examination within 12 months prior to starting the camp program

All paperwork must be received by June 15th, 2015 and returned to the Stacy C. Sherwood Center, 3740 Old Lee Highway, Fairfax. If the paperwork is not received, the Parks and Recreation Department reserves the right to withdraw participants, with a refund, from the program. No children will be allowed to attend camp without all paperwork completed and handed in to staff.



Summer Day Camp at Daniels Run Elementary OR Providence Elementary School

Ages: Rising 1st – Rising 4th Grade
(6 to 9 years old)

Locations: Daniels Run Elementary
School, 3705 Old Lee Hwy, Fairfax, VA
or Providence Elementary, School, 3616
Jermantown Rd., Fairfax VA

Time: 9:00am – 3:00pm

Campers, join your friends this summer for a fun-filled time which will include sports, games, arts and crafts, field trips, special events and so much more! Children will enjoy time playing with their friends and staff while developing new skills. All age-appropriate activities are designed to help children expand their skills and abilities. Specialists in the areas of art and sports will visit the camp each week to work with the children. All summer day camp participants will attend one age-appropriate local field trip (i.e. bowling, roller skating, zoo) as well as one water-related trip each week.

Full Summer Fee: \$795

Session A: \$130

Session B: \$285

Session C: \$285

Session D: \$285

EXTENDED DAY OPTIONS AVAILABLE!!

AM Extended Day Program:
7:00am–9:00am

PM Extended Day Program:
3:00pm–6:00pm

Location: Daniels Run &
Providence Elementary

More Fun in the Sun!! More options to extend your camp day! Sign up for either only morning care, only afternoon care or both! Activities will include more games, sports, crafts, free play and more. A snack will be provided for all children attending the afternoon extended day care program.

AM Only Fee: \$65/week

PM Only Fee: \$85/week

BOTH AM and PM Fee: \$140/week



Middle Grades Day Camp at Lanier Middle School

Ages: Rising 5th – Rising 7th Grade
10 to 12 years old)

Location: Lanier Middle School, 3801 Jermantown Road, Fairfax, VA 22030

Time: 8:45am–3:15pm

This summer, your middle-schooler can enjoy time with their friends in an enjoyable environment which will include activities such as sports, games, arts and crafts, field trips, and special events. Campers will be able to utilize their creative, physical and intellectual abilities in a safe and fun environment. Teamwork, communication and self-esteem will be stressed and reinforced with all participants. Specialists in the areas of art and sports will visit the camp each week to work with the children. All summer day camp participants will attend two age-appropriate field trip (i.e. bowling, roller skating, or laser tag) as well as one water-related trip each week.

Full Summer Fee: \$850

Session A: \$140

Session B: \$300

Session C: \$300

Session D: \$300

EXTENDED DAY OPTIONS AVAILABLE!!

AM Extended Day Program:

7:00am–8:45am

PM Extended Day Program:

2:45pm–6:00pm

Location: Lanier Middle School, 3801 Jermantown Road, Fairfax, VA 22030

More Fun in the Sun!! More options to extend your camp day! Sign up for either only morning care, only afternoon care or both! Activities will include more games, sports, crafts, free play and more. A snack will be provided for all children attending the afternoon extended day care program.

AM Only Fee: \$60/week

PM Only Fee: \$75/week

AM and PM Fee: \$125/week



Teen Adventure Summer Day Camp

Ages: Rising 8th – Rising 10th Grade
(13 to 15 years old)

Time: 8:00am–4:00pm

Location: Fairfax High School, 3501 Rebel Run, Fairfax, VA 22030

The Teen Adventure Camp offers a wide variety of activities for teens in a safe, friendly and supervised environment. Activities will include sports, games, music, trips and enjoying special time with your friends. Participants will develop and refine skills in areas such as leadership, teamwork and socialization. Specialists in the areas of art and sports will visit the camp each week to work with the participants. Teen Camp participants will be able to enjoy two age-appropriate field trips as well as one water-related trip each week.

Full Summer Fee: \$995

Session A: \$180

Session B: \$375

Session C: \$375

Session D: \$375



Adult Programs

DANCE

Hula Dance

Ages: 18 years and up

Instructor: Carol Takafuji

Mondays, 4:30pm–5:30pm

Location: Green Acres Room 111

Hula is a uniquely Hawaiian dance accompanied by song that preserves and perpetuates the stories, traditions and culture of Hawaii. In this class you will learn the basic feet and hand motions of the hula and incorporate the movements into dances.

Jan 5 – Mar 9
(no class 1/19, 2/16)

Session A

Mar 16 – May 4
Fee: \$65

Session B

Irish Social Dance

Ages: 18 years and up

Instructor: Hugh Conway

Tuesdays, 7:15pm–8:45pm

Location: Green Acres Center, Room 111

Discover some simple social dances and set dances including Haymakers Jig, Siege of Ennis and Kerry and Lancers Set. No experience necessary. The teacher and dancers have plenty to share!

For more info, email ceiliset@yahoo.com.

Feb 3 – Mar 3

Session A

Mar 10 – Apr 7

Session B

Apr 21 – May 19

Session C

May 26 – June 23

Session D

Fee: \$34



Clogging – Beginner II

Ages: 13 years and up

Instructor: Martha Hemingway

Wednesdays, 7:00pm–8:00pm

Location: Green Acres Center, Room 111

This Beginner II class is for those who have completed Clogging I or who have prior experience at that level. The instructor will build on previously learned clogging steps and will teach new combinations and routines at a moderate pace. This is a modern clogging class, not traditional. Tap or clogging shoes required, but not for the first class. Instructor may have shoes you can use.

Dec 3 – Feb 4
(no class 12/24 & 31)

Session A

Feb 25 – Apr 15

Session B

Fee: \$75

Clogging – Beginner III

Ages: 13 years and up

Instructor: Martha Hemingway

Thursdays, 8:00pm–9:00pm

Location: Green Acres Center, Room 111

This low intermediate class is for those who have completed Beginner II clogging or have prior clogging experience at that level. The instructor will build on previously learned clogging steps and will teach new combinations and routines at a moderate pace. This is a modern clogging class, not traditional. Tap or clogging shoes required, but not for the first class. Instructor may have shoes you can use.

Feb 26 – Apr 30

Nov Fee: \$75

NEW

The Tango Workshop

Ages: 18 and up

Instructor: Christine Strickland

Sundays, 3:00pm–5:00pm

Location: Sherwood Center

Warm up your nights with the sultry Tango! Learn the easy basics of this timeless, intense partnership dance. We'll work on American Style Tango and discuss how to give the dance some Argentine flair! Singles welcome, partners not guaranteed in class.

Feb 15

Fee \$28

Clogging II

Ages: 13 years and up

Instructor: Martha Hemingway

Thursdays, 7:00pm–8:00pm

Location: Green Acres Center, Room 111

This intermediate class is for those who have completed Beginner II clogging or have prior clogging experience at that level. The instructor will build on previously learned clogging steps and will teach new combinations and routines at a faster pace. This is a modern clogging class, not traditional. Tap or clogging shoes required, but not for the first class. Instructor may have shoes you can use.

Feb 26 – Apr 30

Fee: \$75

Clogging – Happy Feet (Performance group)

Ages: 13 years and up

Instructor: Martha Hemingway

Wednesdays, 8:00pm–9:00pm

Location: Green Acres Center, Room 111

HAPPY FEET provides modern clogging entertainment at festivals, local events and senior communities. Interested adults and teens must have clogging experience at the Clogging II level or higher, with the ability to master clogging techniques quickly. Membership is contingent on instructor's approval. *For more information, visit www.happyfeetcloggers.org.*

Feb 25 – Apr 29

Fee: \$75

NEW

Introduction to Latin Dance: Rumba and Salsa Workshop

Ages: 18 years & up

Instructor: Christine Strickland

Sundays, 3:00pm–5:00pm

Location: Sherwood Center

Learn the basic steps and style of the romantic Rumba and the flamboyant Salsa. A fun, stress free introduction to the music and movement of two very popular Latin dances.

April 12

Fee: \$28



Beginner Jitterbug/Lindy Hop ❤️

Ages: 14 years & up

Instructor: Jennifer Sills and Adrien Monteanu of GOTTASWING.COM

Tuesdays, 7:00pm–8:00pm

Location: Rehearsal Room at Sherwood Center

Starting with basic 6-count material, the class will learn one new move each week, using 8-count patterns. Presenting the essentials of swing: a basic Lindy whip, Lindy circle, side-by-side Charleston, a 4-count turn to transition into Back Charleston, Back Charleston, and the exit from Back Charleston. No partner required.

Jan 6 – Feb 24

Session A

Mar 3 – Apr 21

Session B

Fee: \$110 per session

Intermediate Jitterbug / Lindy Hop HH ❤️

Ages: 14 years & up

Instructor: Jennifer Sills and Adrien Monteanu of GOTTASWING.COM

Tuesdays, 8:00pm–9:00pm

Location: Rehearsal Room at Sherwood Center

Building upon the basics presented in the beginner level, you'll expand your vocabulary with a variety of 6-count, 8-count and Charleston patterns, ranging from material that's easy to use on the social dance floor to flashier moves that's sure wow onlookers. dance floor to flashier moves that's sure wow onlookers.

Jan 6 – Feb 24

Session A

Mar 3 – Apr 21

Session B

Fee: \$110 per session

NEW

Romantic Dances Workshop: A Valentine's Weekend Outing ❤️

Ages: 18 yrs and up

Instructor: Christine Strickland

Sunday, 5:00pm–7:00pm

Location: Sherwood Center

A fun opportunity for you and your sweetheart to learn the basics of the most romantic ballroom/latin dances. Come and dance the Rumba and Waltz and add a little romance to your week!

Feb 15

Fee: \$28

Wedding Dance Workshop ❤️

Ages: 18 years & up

Instructor: Christine Strickland

Sundays, 5:00pm–7:00pm

Location: Sherwood Center

An opportunity for the Bride and Groom to learn some easy, stress-free steps to move through the reception's first dance. This workshop offers help in choosing your music and dance style to fit the occasion. Wow your guests and have a great time at your own party. Wear your wedding shoes! Couples are recommended, partners are not guaranteed in class.

April 12

Fee: \$28

Ballroom Basics: A Social Dance Survival Course ❤️

Ages: 18 yrs and up

Instructor: Christine Strickland

Tuesdays, 7:00pm–8:30pm

Location: Sherwood Center

A relaxed ,flexible fun introduction to partnership dancing. An easy presentation of popular social dances : Foxtrot, Waltz, Salsa and Swing. This course is designed to make you feel comfortable and confident when someone says..."Let's dance !" Singles welcome, but partners are not guaranteed in class.

Feb 17, 24

March 3,

Fee: \$63 per person

FITNESS

NEW

Green Acres Fitness Pass ❤️

Ages: 16 years and up **Location:**

Green Acres Center Fitness Room

Start Living a Healthier Life Today! Sign up for our new Fitness Pass and have the flexibility to work out on your own schedule. Fitness Room contains cardio equipment, free weights and a stretching area. **Starting date January 10 2015 at 9:00am**

Open Use of our Fitness Room:

Monday–Thursday, 5pm–9pm

Saturday and Sunday, 9am–2pm

Yearly Pass: \$96

Monthly Fee: \$15

Daily Drop in Fee: \$5


Please note this pass is only good at Green Acres Center and registration for fitness pass must be purchased at Green Acres to receive a picture id pass.



Adult Programs

“Your Way” Fitness Plan

	Tuesdays	Wednesday	Thursday	Friday
9:30–10:30 am	B-FIT	CARDIO STRENGTH	B-FIT WITH ZUMBA TONING	B-FIT
10:30–11:30 am	PILATES	PILATES	YOGA	PILATES
11:30–12:30 pm		ZUMBA		

Stay Fit! Enroll in the “Your Way”  Fitness Class Program and choose to attend as many classes from the calendar that fit into your schedule:

Instructor: Darlene Wujkowski
Ages: 13 yrs and up
Location: Green Acres Center Gym
 Tuesdays, Wednesdays, Thursdays, Fridays

4-Month session: Jan 6–Apr 24

Fee: \$205

Please note that only these classes at Green Acres Center qualify for the “Your Way” Program and cannot be substituted for any other classes.

NEW

Aerobic Dancing by Jacki Sorensen

Ages: 13 years and up
Instructor: Sharon Allen
Mondays and Thursdays,
6:30pm–7:30pm
Location: Green Acres Center

Combine stretching & flexibility, core work, weight training and aerobic exercise into each class. Using upbeat and motivating music, you can participate at your own level. Enjoy this safe, effective, Get-It-All-Together approach to fitness! Jacki Sorensen is credited with originating one of the most significant fitness movements in history: aerobic dance—the combination of fitness and dance that swept the world in the ‘70s before evolving into the multifaceted group exercise classes of today. You may join the first class for free if you are new to the Jacki program.

Jan 5 – April 2 (no classes 1/19, 2/16)

Fee: \$185 or \$8 per class



Tai Chi Chuan—All Levels

Ages: 13 yrs and up
Instructor: David Cohen
Mondays, 5:45pm–6:45pm
Location: Green Acres Center Gym

Tai chi’s graceful and precise movements develop balance, alignment and relaxation. Unlike purely physical exercise, this gentle yet powerful discipline integrates body, mind and spirit. Cohen, a certified instructor, will introduce you to techniques for balance and proper breathing as you learn this form.

Mar 2 – Apr 20

Fee: \$55

B-Fit

Ages: 13 yrs and up
Instructor: Darlene Wujkowski
Tuesdays, Thursdays and Fridays,
9:30am–10:30am
Location: Green Acres Center Gym

Easy-to-follow dance themes drawing from Latin, disco, country and kickboxing that will burn calories and improve cardiovascular endurance, muscular strength and agility. Mix in some weights, hula hoops and various fitness equipment for total body conditioning. On Thursdays we add Zumba Toning.

Jan 6 – Feb 27

Mar 3 – Apr 24

Session A

Session B

Fee: \$96 per session, or \$8 per class

Inclement weather make-up dates if needed:
 Apr 28, 30 and May 1

Cardio Strength Training

Ages: 13 years and up
Instructor: Darlene Wujkowski
Wednesdays, 9:30am–10:30am
Location: Green Acres Center Gym

An energizing and empowering workout that will challenge all major muscle groups, using dumbbells, stability balls, body bars, medicine balls and steps. Intervals of cardio moves will be done between toning exercises. Lots of fun! Bring your water bottle.

Jan 7 – Feb 25

Mar 4 – Apr 22

Session A

Session B

Fee: \$56 per session, or \$8 per class

8-Weeks Evening Pilates –ALL LEVELS

Instructor: David Cohen
Ages: 13 years and up
Location: Green Acres Gym

Tuesdays, 7:45pm–8:45pm

Jan 13 – Mar 3

Mar 10 – Apr 28

Session A

Session B

Thursdays, 7:45pm–8:45pm

Jan 22 – Mar 12

Mar 19 – May 7

Session C

Session D

Fee: \$60 per session, or \$8 per class

4-Month Evening Pilates

–ALL LEVELS

Ages: 13 years and up

Instructor: David Cohen

Location: Green Acres Gym

Tuesdays, 7:45pm–8:45pm

Jan 13 – Apr 28

Session A

Thursdays, 7:45pm–8:45pm

Jan 22 – May 7

Session B

Fee: \$116 per session

ZUMBA Fitness –

Ages: 13 yrs and up

Instructor: Darlene Wujkowski

Wednesdays: 11:30am–12:30pm

Location: Green Acres Center Gym

The popularity of Zumba Fitness is phenomenal! This Latin dance inspired cardio class is for all levels featuring the latest in salsa, cumbia, merengue, Brazilian samba, hip-hop, belly-dance, and much more! These easy to follow routines feature aerobic fitness interval training with a combination of fast and slow rhythms that maximize fat burning and total body toning. Come have fun dancing!

Jan 7 – Feb 25

Session A

Mar 4 – Apr 22

Session B

Fee: \$61 per session, or \$8 per class

Yoga For Stress Relief

Ages: 40 years and up

Instructor: Rita Sambruna

Wednesdays, 6:00pm–7:00pm

Location: Gym at Green Acres Center

Yoga is a great way to stay in shape and acquire strength and flexibility. Moreover, the practice of yoga has been linked to calming the nervous systems, alleviating anxiety and depression symptoms, and creating general feelings of wellbeing. In this class, we will practice basic yoga poses – seated, standing, and lying – as well as restorative poses and breathing techniques aimed at relaxing the body and the mind. Please bring a yoga mat or rug runner, a pillow, and at least one blanket or thick bath towel. A yoga belt or long strap is also desirable.

Jan 7– Feb 25

Fee: \$61 or \$8 per class

For supplies see instructor

Morning Pilates

Instructor: Darlene Wujkowski

Ages: 13 yrs and up

Location: Green Acres Center Gym

A total body workout with focus on the core muscles of your back and abs. Props such as Pilates rings, Pilates weighted balls and weights will be used to enhance the basic Pilates movements.

Tuesdays 10:30am–11:30am 

Jan 6 – Feb 24

Session A

Mar 3 – Apr 21

Session B

Wednesdays, 10:30am–11:30am 

Jan 7 – Feb 25

Session C

Mar 4 – Apr 22

Session D

Fridays, 10:30am–11:30am 

Jan 9 – Feb 27

Session E

Mar 6 – Apr 24

Session F

Fee \$55 per session, or \$8 per class

Yoga

Ages: 13 years and up

Instructor: Darlene Wujkowski

Thursdays, 10:30am–11:30am

Location: Gym at Green Acres Center

You don't have to twist yourself into a pretzel to feel the benefits of yoga. Yoga is a gentle form of movement that greatly reduces injury and relieves stress as it develops concentration, builds strength, tones muscles and helps with balance. Wear comfortable clothes and bring a towel.

Jan 8 – Feb 26

Session A

Mar 5 – Apr 23

Session B

Fee: \$56 per session, or \$8 per class

Inclement weather make-up date if needed: Apr 30



Sin Moo Hapkido Martial Arts Instruction

Ages: 13 years and up

Instructor: Chris Stancliff

Mondays and Wednesdays,

6:30pm–8:00pm

Location: Green Acres Center, Room 115

Geared to every ability and skill level - from the novice to the highest-ranking martial artist. Sin Moo Hapkido is a complete art that will help build physical strength, cardiovascular endurance, flexibility, improved breathing and increased mental focus. Feel confident in defending against any situation. Students will learn the proper technique of grappling, joint locks, throws, strikes and kicking. For more information, visit www.hapkidojang.com.

Feb 4 –Apr 15 (no class 2/16)

Session A

Apr 20 – Jun 29 (no class 5/25)

Session B

Fee: \$75 per session

Awareness Through Movement - Feldenkrais Method (Lying on the floor lessons)

Ages: 18 yrs & up

Instructor: Monica Browne

See dates and times below

Location: Sherwood Center

Learning to move with less effort makes life easier. Because the Feldenkrais Method focuses on the relationship between movement and thought, increased mental awareness and creativity accompany physical improvements. As you learn to let go of limiting habits, you will find satisfaction in your new found abilities. Easier movement means greater comfort performing everyday activities at work or home, and greater skill in athletic and artistic pursuits. Everyone can benefit from these gentle lessons.

Mondays, 6:15pm – 7:15pm

Feb 2 – Mar 30 (no class 2/16)

Session A

Apr 13 – Jun 8 (no class 5/25)

Session B

Tuesdays, 11:00am – 12:00pm

Feb 3 – Mar 24

Session A

Apr 14 – Jun 2

Session B

Fee: \$90 per session, free introduction class (first day of class), drop in fee: \$15 per class

Adult Programs

Open Pickleball Play

Ages: 18 years and up
Monitor: Ron Tugwell
Wednesdays, 7:30pm–9:30pm
Location: Green Acres Center

Play the fastest growing court game in the U.S.A. Easy to play and FUN! Similar to tennis, the court is smaller and players are closer to the action. We have two courts established in the gym. These are not lessons, but if you are a quick learner, come and try it. Bring your own paddle if needed loaners are available the first time; balls provided.

Jan 7 – Feb 18	Session A
Fee: \$35, or \$8 per night	
Mar 4 – Apr 22	Session B
Fee: \$40, or \$8 per night	

Barefoot Stretch n Flow

Ages: 13 years and up
Instructor: Jann Richards-Wettman
Thursdays, 6:15pm–7:15pm
Location: Green Acres Center, Room 115

Begin with easy repetitive tai chi chuh, moving into isolations, rotations, standing & seated stretches – all to soothing instrumental music. Classes alternate with gentle yoga modifications and stretches for Morning and Everyday. Handouts given. Bring water and a mat, towel or blanket. Wear comfortable easy-moving clothing.

Jan 8–Feb 5	Session A
Fee for Session A: \$42, or \$10 per class	
Feb 19–Mar 26	Session B
Apr 2–May 7	Session C
Fee for Session B and C: \$50	
Drop In \$10 per class	

Traditional Indian Yoga

Ages: 13 years and up
Instructor: Jann Hardy
Tuesdays, 7:00pm–8:15pm
Location: Green Acres Center Room 115

Rejuvenate and center your mind and body through slow deep breathing, yoga poses, balancing, and relaxation? In these Sivananda-style yoga classes, you'll learn Sun Salutations, plus 12 postures and their modifications. Bring a mat or Oriental rug runner and water; wear comfortable, easy-moving clothing. It's not recommended to eat two hours prior to class. Instructor received her Yoga certification in India and has been teaching 10 years.

Jan 6 – Feb 3	Session A
Feb 17 – Mar 24	Session B
Mar 31 – May 5	Session C
Fee for Session A: \$45	
Fee for Session B & C: \$54	
Drop in \$10 per class	

Nia

Ages: 15 years & up
Instructor: Cami St. Germain
Wednesdays, 7:00pm–8:00pm
Location: Rehearsal Room at Sherwood Center

Come shimmy, kick, breathe, and laugh your way to a healthful relationship with your body! Nia is a joyful, non-impactive cardiovascular movement practice that engages the body, mind, emotions and spirit. Inspired by martial arts, dance, and healing arts such as yoga, Nia is performed barefoot (though soft soled shoes can be worn) to diverse, soul-stirring music. Nia adapts to each participant's ability and provides aerobic and strength benefits at every fitness level. For more information about Nia, see www.nianow.com.

Feb 4 – Mar 25	Session A
Apr 15 – Jun 3	Session B
Fee: \$100 per session	

Adventure Boot Camp for Woman

Ages: 18 to 65 years old
Instructor: Jeanette Sergio/Fairfax Adventure Boot Camp
Monday to Friday, 9:30am–10:30am
Location: Van Dyck Park/Sherwood Center

Adventure Boot Camp is a fitness program designed for women. You will participate in fat burning, muscle - defining, challenging workouts that will increase your metabolism and change your body. You will be motivated and inspired to get fit and stay in shape. You will only need to bring an exercise mat and dumb bells best sized to your comfort level.

This program starts with a body assessment and complete review of your nutrient intake. We will also do a fitness test within the first week to completely asses your status. The classes will be everything but boring. It will include an obstacle course, agility ladders, medicine balls bosu balls and much more. All shapes, sizes and abilities levels are welcome! If you are a level 1 or a 10, you will get a workout to custom fit your goals.

Jan 5 – Jan 30	Session A
Feb 9 – Mar 6	Session B
Apr 13 – May 8	Session C
Fees:	
4 days a week: \$199	
3 days a week: \$169	
2 days a week: \$129	



Zumba at Sherwood

Ages: 15 years & up

Instructor: Joy of Dance Instructors

**Mondays, Feb 16–May 4,
8:00pm–9:00pm**

Location: Rehearsal Room at Sherwood Center

If you love the fun of dancing in a high energy, exciting dance party atmosphere, then our 'Zumba' class is for you! Our class is a great cardio workout, set to latin music, and targets the whole body, and especially the areas such as glutes, abs, arms, and legs. Zumba dance combines both fast and slow rhythms, unique choreography, and most importantly is a class filled with infectious fun!

Fee: \$180 (\$15 per class walk-in fee)

NEW

Adult Dodgeball League

Ages: 18 years & up

Instructor: Fairfax Athletics

Mondays 7:00pm–11:00pm

SEASON: First week of January 2015 –
End of February 2015

Location: Green Acres Gym

RULES & SEASON:

*Each team will play 8 regular season contests.

*Each contest will consist of 15 (fifteen) 4-minute games.

*Playoffs will be held the week following the regular season.

*The number of teams that make it to the playoffs will be determined by the FXA.

*Each team shall field 8 players, 5 Males & 3 Females .

* Mandatory Captain's meeting will take place before the season begins.

WHAT'S INCLUDED:

8 regular season contests (plus playoffs if you qualify), 1-2 experienced referees per court, iPod Game Music, trophy for winning team, specials after the games (provided at The Green Turtle Fairfax)

Fees: Team Fee is \$735 per team (min of 12 players, max. of 16)
Individual Fee is \$55

MUSIC

Ukulele I Lessons

Ages: 18 years and up

Instructor: Carol Takafuji

Mondays, 6:00pm–7:00pm

Location: Green Acres Room 111

For beginners, learn how to play the ukulele, commonly associated with music from Hawaii. This class will teach you the chord progressions, single-note playing and strumming techniques. Please bring a ukulele to each class.

Jan 5 – Mar 9 (no class 1/19, 2/16)

Session A

Mar 16 – May 4

Session B

Fee: \$65

NEW

Private Violin and Viola Lessons

Ages: 13 and up

Instructor: Michael Wheatley

**Wednesdays or Thursdays,
Jan 7–Apr 30, 30-minute lesson
between 3:00pm–7:00pm**

Location: Sherwood Center

Do you have a child who loves music and is interested in learning the violin or viola? Or are you an adult who has always wanted to learn, or are looking to pick it up once again? Come to Sherwood Center for one-on-one lessons for 30 minutes each. We will have recital opportunities this year and informal workshops for adults to engage with other adult students. Our instructor can also assist you with renting an instrument, if needed.

Fee: \$140 will be due at registration, and automatic payments of \$140 will processed on Feb 1, Mar 1, Apr 1

Once you register, the instructor will contact you to coordinate your half hour private lesson time block during the time period listed on that day.

Ukulele II Lessons

Ages: 18 years and up

Instructor: Carol Takafuji

Mondays, 7:00pm–8:00pm

Location: Green Acres Room 111

Intermediate class for students completing Ukulele I or equivalent. Please bring a ukulele to each class.

Jan 5 – Mar 9 (no class 1/19, 2/16)

Session A

Mar 16 – May 4

Session B

Fee: \$65

Private Piano Lessons

Ages: 5 years and up

Instructor: Wendy Basinger,

Michael Wheatley

**Wednesdays or Thursdays –
Jan 7–Apr 30, 30-minute lessons
between 3:00pm–8:00pm**

Location: Sherwood Center

Do you have a child who loves music and is interested in learning how to play the piano? Or are you an adult who has always wanted to learn, or one who took lessons as a child and wants to start up again? This is a great opportunity to learn a new artistic skill, or revisit an old one using the Sherwood Center's brand new Steinway piano. Lessons will be one-on-one for 30 minutes each lesson. There will be two recitals a year for younger students; adults are invited to attend informal workshops with other adults to listen or share what they've been working on.

Fee: \$140 will be due at registration, and automatic payments of \$140 will processed on Feb 1, Mar 1, Apr 1
Once you register, the instructor will contact you to coordinate your half hour private lesson time block during the time period listed on that day. A piano book supply fee is payable to the instructor on the first day of class.



Adult Programs

Tibetan Singing Bowls – Meditation & Sound Healing

Ages: 13 years and up

Instructor: Lenny Weltman

Wed, Jan 14, 6:00pm-9:00pm & Sat. March 14, 2:00pm - 4:00pm only

Location: Green Acres Senior Center Library

Back by popular demand! Experience the peace and healing of Tibetan Singing Bowls. Used in Tibet and Nepal for thousands of years, the pure sound vibrations of these bowls have been validated by Western medicine to reduce stress, lower blood pressure, alleviate pain, and to accelerate healing processes. Each workshop will include time for discussion and questions, a period of meditation or simply listening, and a demonstration of sound healing techniques with a couple of lucky volunteers! There will also be an opportunity for a few participants to experiment with the bowls. Note the second workshop will be a repeat of the first. Mr. Weltman studied under Shree Krishna Shahi and has been practicing

since 2009.

Wednesday, Jan 14: 7:00pm–9:00pm

Saturday, Mar 14: 2:00pm–4:00pm

Fee: \$20 per workshop; \$25 payable on-site. Private sessions may be scheduled with instructor for \$30 per hour.



ENRICHMENT

Build and Maintain Your Own Website and Blog

Ages: 18 years and up

Instructor: Holly Seibold of m2Academy

Mondays, 6:30pm–7:30pm

Location: Green Acres Center

Save money and build an audience by creating and managing your own website and blog. Easy to make, and even simpler to maintain. Great for adults thinking about changing careers, professional gain, small businesses, or just for fun for you! ***Please bring your laptop or digital device to use in class. If you do not have one, m2 academy will provide a device to use in class.

Feb 23 – Apr 13

Fee: \$129



Presenting Information in the Digital Age

Ages: 18 years and up

Instructor: Holly Seibold of m2Academy

Mondays, 7:45pm–8:45pm

Location: Green Acres Center

Have you been using Powerpoint for years and want to learn fresh and engaging modern-day methods to enrich your audience? Do you have a special event approaching in months ahead and want to put together a meaningful presentation? In this class you will learn how to produce your own professional –looking work simply by using an iPad. Excite your team members at your next business meeting with an interactive presentation, impress family and friends with a video at your next rehearsal dinner, or ignite tears with a slideshow at your son's high school graduation. Sign up today to learn how to use these amazing multimedia tools on your iPad with low-cost and creative applications. **Please bring your iPad to use in class. If you do not have one, m2 academy will provide an iPad to use in class.

Feb 23 – Apr 13

Fee: \$129

Mi Chu Chu Tren - Tales to Learn Spanish for Adults

Ages: 18 years and up

Instructor: Human Advance LLC

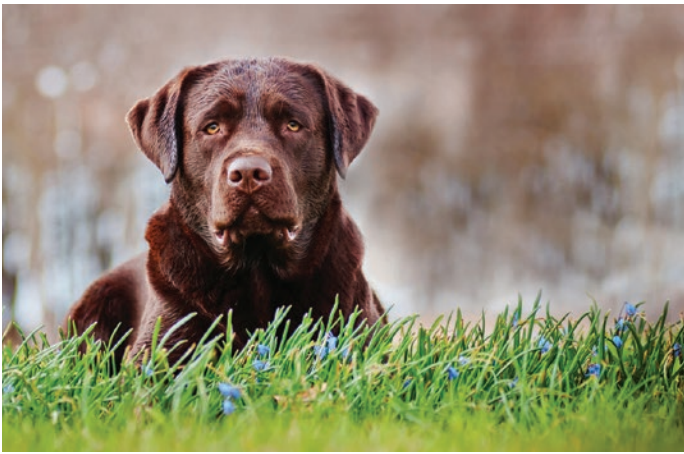
Wednesdays, 5:00pm–6:00pm,

Jan 12–Apr 29 (no class 1/19 and 2/16)

Location: Sherwood Center

If you want to spend great time while traveling through different Latin American cultures, getting to know their customs and culture while learning their language, you have found the right place to be, Mi Chu Chu Tren. Full of adventures and immersed 100% in Spanish, you will be able to live daily activities that would happen if you travel abroad, like going to a hotel, eating in a restaurant, shopping, banking, between others. You will see, you will learn Spanish without even noticing, immersed in adventures you will never forget.

Fee: \$120 per session



Basic Obedience Class for Dogs

Ages: Adults

(Dogs must be 6 months or older)

Instructor: Keri Putonen of
Unleashed Abilities

Sunday, 1:30pm–2:30pm

Location: Green Acres gym

Does your dog listen to you when he feels like it? Then it's Back-to-School for Fido! Learn to use rewards based positive reinforcement to teach your best friend good manners. This foundational class will cover: Sit, Down, Stay, Come, Leave it, Attention, and polite leash skills. We'll also discuss simple solutions to everyday problems. All dogs must be friendly to people and other dogs.

Supplies Required: appropriate dog collars, leashes, and plenty of dog treats for each class.

Jan 11 – Feb 15

Session A

Apr 12 – May 17

Session B

Fee: \$150 per session

Women's Self-Defense

Ages: 13 yrs and up

Instructors: James Harrison

Saturdays, 11:30am–12:30pm

Location: Green Acres Center, Room 115

In this 8-week session, learn reality-based techniques to help prevent you from becoming a victim. Emphasis is on self-defense, awareness, assertiveness and confidence.

Jan 10 – Feb. 28

Fee: \$120

Clock Repair Class

Ages: 18 years and up

Instructors: Horological Association of
Virginia, Inc.

**Mondays and Wednesdays,
7:00pm–10:00pm**

Location: Green Acres Center: Rooms
117 and 119

This 30 session class focuses on the repair of American 8-day time and strike clocks. Interested students should bring their own clocks to be repaired. Instruction will be provided in problem diagnosis, movement disassembly, necessary repairs, reassembly and adjustments. For information, call David Staib at 703-718-0839 (please leave a message).

NEW

Ballroom Dancing for Adults with Down Syndrome

Ages: Adults with Down syndrome 18 years and up, and their caregivers

Instructors: Lynn and Len Mark

Thursdays, 7:00pm–8:00 pm

Location: Sherwood Center

Adults with Down syndrome are invited to experience the joy of ballroom dancing. Participants will learn fundamentals of several ballroom dances (waltz, fox trot, swing, tango, rumba, salsa, merengue) and line dances that utilize movements involved in ballroom dancing (e.g., Electric Slide, Cupid Shuffle). Ballroom dancing will improve participants' balance

and motor coordination and teach the social skills of ballroom dancing. The program provides an opportunity to engage in moderate physical activity. This program is based on a similar program established in Cincinnati, Ohio.

A friend, parent or caregiver must accompany and help dance with the participants for the entire class at no charge—no dance experience required.

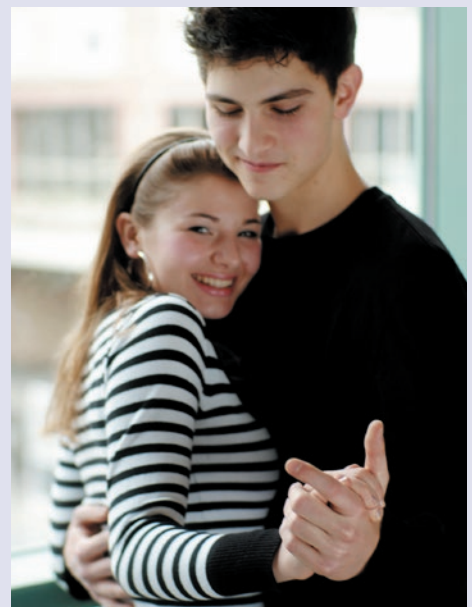
January 8 – April 16,

(No class on March 23)

Fee: \$5 per class

For more information email

Len Mark: markls@MiamiOH.edu



RESERVATION INFORMATION

To check availability or to reserve city parks, pavilions and the Showmobile, please visit www.fairfaxva.gov/ParksRec or call 703-385-7858.

Field and Gyms: To apply for a facility use permit, download complete and submit the appropriate application by visiting www.fairfaxva.gov/ParksRec/FieldGymUsage.asp.

Park Pavilions & Celebrations in the Parks

Any time of the year is a great time to visit City of Fairfax parks. They offer not only beautiful walking trails and playgrounds, but pavilions to celebrate any special occasion! Share the great outdoors and all it has to offer with friends and family for birthdays, anniversaries or reunions. The city parks are where both children and adults can have endless hours of amazing fun!



Rental Fees:

Small Pavilion:

\$65 for 4 hours of use

minimum

\$10 for each additional hour

Large Pavilion:

\$85 for 4 hours of use

minimum

\$15 for each additional hour

Van Dyck Park

3720 Old Lee Highway

- one large pavilion
- one small pavilion
- lit basketball court
- exercise trail
- multipurpose play areas
- playground equipment
- lit tennis courts
- sand volleyball court

Kutner Park

3901 Jermantown Road

- one small pavilion
- hiking trail
- horseshoe pit
- play equipment
- soccer field
- tennis court
- volleyball court

Providence Park

10715 West Drive

- one large pavilion
- biking/hiking trail
- playground equipment
- tennis court

Ratcliffe Park

10300 Sager Avenue

- one small pavilion
- basketball courts
- Little League field
- small multipurpose field
- playground equipment

Athletic Facilities—Fields & Gyms

The City of Fairfax has many athletic amenities for use by the community. There are 18 parks and 30 fields for everyone to enjoy for an afternoon or evening of nonscheduled or scheduled fun. Groups can request use of the 14 rectangular fields, four synthetic turf fields and 17 diamond fields that the City schedules. The synthetic turf fields are located at Draper Drive Park (2), Stafford Drive Park (1) and Fairfax High School (1).

We also have access to four gyms in the City, which can be scheduled for volleyball, basketball, or other gatherings. Prices vary depending on use. The gyms we feature are located at Daniels Run Elementary, Providence Elementary, Lanier Middle School and Fairfax High School.

If you have any questions regarding registration or prices, please contact the Athletic Services Division at 703-220-5102 or 703-385-7893, Monday through Friday, from 8:30 am to 5:00 pm, or e-mail richard.wyant@fairfaxva.gov.





George Mason Aquatics

The Aquatic & Fitness Center (AFC) supports a wide range of activities for the University and community. Members have access to a variety of fitness and wellness programs and services, cardio and strength equipment, and aquatic amenities and programs.

George Mason University

For All Inquiries: 4400 University Drive, Fairfax, Virginia 22030
Aquatic and Fitness Center: 703-993-3939 | RAC: 703-993-5323 |
Skyline Fitness: 703-993-5055 <http://recreation.gmu.edu/aquatics/>

Aquatic FEATURES

- Olympic size pool – 25 yards x 50 meters
- Recreational pool – 25 yards x 6 lanes, zero depth entry, max depth 4 feet, temperature 82-84 degrees
- Whirlpool – 14 person whirlpool temperature: 104 degrees
- Sauna – 10 person sauna, temperature: 160-180 degrees
- Aquatic programs
 - » Private Swim Lessons
 - » Aqua Aerobics (Monday and Wednesday 5pm–6pm)
 - » Lifeguard Training Courses
 - » CPR/AED Courses
 - » Water Safety Instructor Courses
 - » Masters Swimming
 - » Men's and women's locker rooms

Other FEATURES:

- Weight training/strength gallery
- Cardio gallery
- Cycle studio
- Multipurpose room
- Extensive group exercise program
- Fitness programs
- Dedicated room for stretching and light weight use
- Family changing room



Fairfax County Park Authority

The Fairfax County Park Authority offers award-winning aquatic recreation for everyone, from the youngest beginning swimmer to the serious competitors and those with special needs.

Fairfax County Park Authority

12055 Government Center Parkway, Suite 927, Fairfax, VA 22035
703-324-8700 www.fairfaxcounty.gov/parks

Park Authority Aquatic Facilities include:

- 12 aquatics facilities
- 9 indoor RECenter natatoriums
- 1 outdoor themed waterpark
- 1 fully accessible outdoor spray park
- 1 outdoor community pool
- RECenter pools feature indoor spas and zero-depth beach areas

The Fairfax facilities offer traditional and nontraditional aquatic programs, such as swim lessons, competitive swimming and diving, synchronized swimming, water polo, kayak rolling, scuba and underwater hockey, as well as local police, fire and rescue training. A robust adapted aquatics program includes learn-to-swim, aquatic exercise, Paralympic swim development and Special Olympics training.

Offering:

- **LEARN-TO-SWIM CLASSES FOR TEENS AND ADULTS**
- **LAP SWIMMING AND COMPETITIVE STROKE MECHANICS CLASSES**
- **WATER EXERCISE CLASSES**
 - » Aerobic Water Exercise (13-Adult) Arthritis Water Exercise (13-Adult)
 - » Advanced Deep Water Exercise (13-Adult)
 - » Deep Water Exercise (13-Adult)
 - » Swimming and Fitness (13-Adult)
 - » Aqua Fit and Tone (13-Adult)
 - » Advanced Water Aerobics (13-Adult)

Options for aquatic exercisers

Customers have three different options for participating in aqua exercise classes. **Drop-In** (or pay as you go) Daily drop-in rate to attend aquatic exercise classes, space permitting.

Aqua Exercise Pass:

Allows entry into any Park Authority water exercise class, space permitting. Valid for four months from the date of purchase, Aqua Exercise Passes are sold at all RECenters and online at www.fairfaxcounty.gov/parks/passesonline.htm in increments of 10, 20 or 30 visits. Pricing is based on the per-class fee for coded classes. Early registration discounts and scholarships are not available for the Aqua Exercise Flex Pass.

Partner Organizations

Fairfax Police Youth Club

REGISTRATION INFORMATION

Registration forms for FPYC sports are available at the City of Fairfax Parks and Recreation Department, 10455 Armstrong Street, or online at www.fpycsports.com. Walk-in registration is held at the FPYC Clubhouse at Providence Park from 10:00 am to 2:00 pm on select dates.

For more information, visit the FPYC home page at www.fpycsports.com.

Fairfax Police Youth Club (FPYC) and Fairfax Little League operate independently of the City of Fairfax Parks and Recreation Department. Please be aware that the city does not control or guarantee the accuracy, relevance, timeliness or completeness of this outside information. Further, the inclusion of these groups is not intended to endorse any views expressed or products or services offered by this organization.

FPYC would like to thank our FPYC family and all of the volunteers that support our sports program to maintain a strong community presence. It's all of you who make us the family organization we are!"

Sports Programs

Basketball

FPYC Basketball offers house leagues for boys and girls, ages 7–18, and select teams of various ages for boys and girls to compete in the Fairfax County Youth Basketball. Regular season games will start in December and January. Except for the holidays, games will run every Saturday through late February or mid-March, with one practice on a weeknight.

Cheerleading

FPYC Cheerleading is year-round! Our game-day season features sideline cheering for FPYC Football, as well as a few special events and runs from August until November. Our select team season puts the cheerleaders front and center as the girls travel around the state competing from January until April.

Field Hockey

FPYC Field Hockey registration is open for girls and boys in grades 3–8 during the Spring season. Teams are formed by age and ability. Players will learn the game in nine clinic and game play sessions. Practices and scrimmages are held Sunday evenings from 5:00 pm–7:00 pm.

Rugby

FPYC Rugby fields teams in both touch and tackle. Rugby has two seasons—spring (U19s) and summer (ages 7–16). Practices begin early in each season and are scheduled twice a week. Games are played on Thursday evenings and Saturday mornings.

Football

FPYC Football is a member of the Fairfax County Youth Football League. Practices are held at Draper Drive Park beginning in August. The season lasts about eight weeks, with games scheduled primarily on Saturdays. We kick off the season with the Kopper Bowl.

Lacrosse

Open to girls and boys, ages 7–15, regardless of experience. FPYC Lacrosse is a spring sport practicing two to three days a week, with girl's games on Sundays and boys' games on Saturdays.

Running/Track and Field

In the fall, the FPYC Cheetahs running program focuses on off-road distance running (1K to 5K). In the spring, we concentrate on track and field events, including sprints, distance running, jumps and throws. Practices are held on Sunday, Tuesday and Thursday afternoons.

Soccer

FPYC Soccer offers team play (house and travel) for boys and girls, ages 3–18. Soccer plays two seasons—fall and spring. Both seasons consist of eight to 10 weeks of practices and Saturday (house) or Sunday (travel) games.

Softball/T-Ball

FPYC T-ball offers co-ed and girls teams for ages 5–8. This age group includes both "T" and coach pitch teams. FPYC Softball consists of player-pitched intermediate (ages 9–12) and junior (ages 13–16) teams.

We play two seasons, fall and spring. Each season lasts about six weeks.

Volleyball

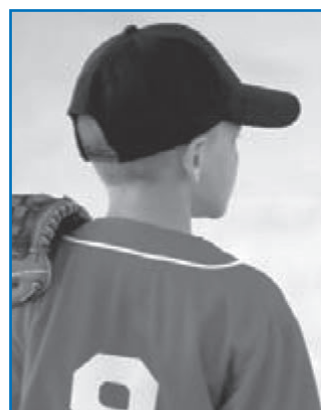
FPYC Volleyball runs in the fall and spring seasons. Teams vary from the elementary to high school level. Teams cover the fundamentals, as well as develop teambuilding skills. Throughout the season, scrimmages and matches are arranged within FPYC and neighboring organizations.

Wrestling

FPYC Wrestling instructs boys and girls ages 5–14 in the basic and some advanced wrestling skills and techniques. Registration begins in September, and the season runs November through February.

Youth Challenged

The FPYC Youth Challenged League provides an opportunity for mentally or physically challenged children and young adults to learn the games of soccer, basketball, and lacrosse while participating in an organized sports program.



Fairfax Little League

Celebrating 59 years of providing young people the opportunity to participate in organized baseball in the Fairfax area.

Little League baseball offers young people between 4 and 26 years of age a timeless team sport. Fairfax Little League comprises two separately chartered leagues—American and National—that work together under a single board of directors. Our various divisions provide players appropriate level of play based on their age and skill—T-ball, Minors, Majors, Intermediate, Juniors, Seniors, Big and Challenger divisions.

www.fairfaxll.com





Fairfax County Park Authority Needs Assessment Study

Parks Count is the name we've given to the Fairfax County Park Authority's Needs Assessment Study that we have recently launched in the community.

The Parks Count Study is a process of considering park and recreation needs, trends, and preferences. It utilizes research methods, information gathering, a survey, and analysis. The results of the study help the Park Authority better understand what customers need from a park and recreation system and how those needs can best balance and prioritize needs across the County. The Parks Count process began this summer and will continue through late 2015 culminating in an updated long term needs-based capital plan

The Park Authority will be using various online and in-person means to gather public and stakeholder input over the next year and a half. The project web site (<http://www.fairfaxcounty.gov/parks/parkscount/>) will be the central information source for the study. Announcements and interactive tools begin here. In addition to our typical means of collecting input, we will be testing new means of collecting input for the needs assessment including a crowdsourcing element and a Meeting in a Box tool. Crowdsourcing will allow users to exchange park and recreation ideas and thoughts with other park users; FCDOT



successfully used a similar platform recently to gather public input on transportation project preferences. The Meeting in a Box tool provides step-by-step instructions to allow a small group of neighbors, club, association, faith group members, etc., to have a meeting when and where it is most convenient to them. Both of these tools can be found on the Parks Count project website.

We would also like to invite you, our peer agencies, to participate and provide input. Whether we work alongside you as a fellow County agency or as a neighboring jurisdiction agency, we recognize it takes more than one agency to ensure parks count for our community. You may use any of the means described above, or if you would prefer to have an agency briefing on Parks Count, please contact Anna Bentley (703-324-8726 or anna.bentley@fairfaxcounty.gov) to have such a briefing arranged.

Birthday Parties



Adventure & Enchantment Birthday Parties

Located in the Activity Room where adventure awaits at the enchanted Sherwood Center. Great for birthday parties or any celebration occasion! Bring your imagination and have lots of fun!

To request a party, please come to the Sherwood Center, 3740 Old Lee Highway, and fill out a Request and Agreement Form. A \$50 deposit is due at the time the party is requested. Full payment is due 30 days prior to the party date. Please see below for details and prices on the parties.

Princess or Pirate Parties – Prepped (Parent-led Party)

For Ages 3–9 years old

This is parent lead party that we do the prep for you!

We provide you with a Party Kit that includes:

- Use of the Activity Room at the Sherwood Center for two hours (with half hour before and after for setup/clean-up)
- Fairy wings and tutus or pirate get-up for each child to wear during the party and take home
- A craft activity for each child to complete and take home
- Themed activities for you to entertain your party guests

You provide:

- Cake and refreshments
- Plates, napkins, utensils and table coverings
- Time for presents

Cost: \$200.00 includes props and crafts for 10 children. Additional guest sets are available at \$15.00 each. Number of guests limited by room capacity.

Princess or Pirate Parties - Provided (Staff-Led Party)

For Ages 4–8 years old

You receive the same items in ‘Prepped’ Princess or Pirate Party option.

Additionally, you and your guests will:

- Enjoy 75 minutes of themed activities, games, music and dancing and a treasure hunt to find the loot lead by the Adventure and Enchantment Birthday Party Coordinator
- Pulling ribbons to open a thematic piñata
- “Happy Birthday” bunting (banner)
- Cloth table coverings and themed centerpieces on a prepared refreshment table

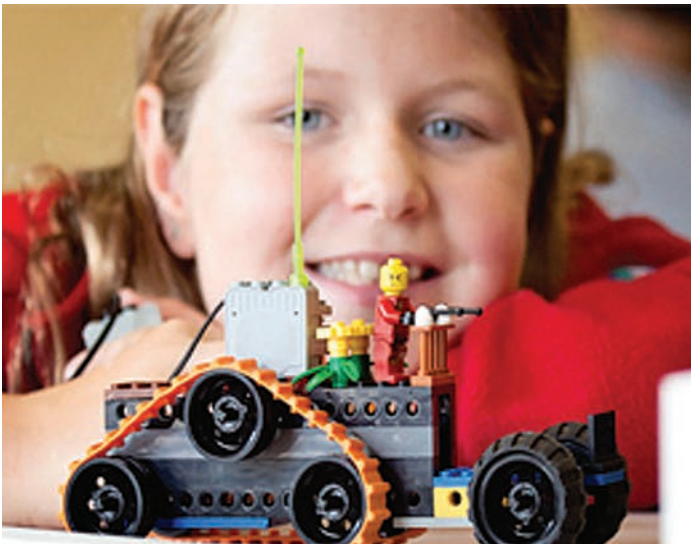
After the staff-lead activities, you and your guests will have use of the room for another 30 minutes for parent-lead time.

YOU PROVIDE:

- Cake and refreshments
- Plates, napkins, utensils
- Time for presents

Cost: \$300.00 for up to 10 children

For parties larger than 10 children, please choose the “Prepped” option.



Lego Party

Ages 6 years and up

Children will create their own designs with thousands of bricks, over 150 mini-figures, and dozens of vehicles, animals, architectural and specialty pieces!

WE PROVIDE:

- 75 minutes of Lego activity lead by our Adventure and Enchantment Birthday Party Coordinator -Guests will be awarded in fun categories for their creations
- Pull open a brick piñata
- Lego take-home goody bag

YOU PROVIDE:

- Additional 30 minutes at the refreshment table
- Cake and refreshments
- Plates, napkins, utensils and table coverings
- Time for presents

Cost: \$225.00 for up to 10 children

We will be happy to accommodate and incorporate a princess character, magician, face painter, balloon artist or children's entertainer whom you contract. Advance notice to allow communication and coordination with the performer is highly recommended.

ARTBUG Birthday Parties

Ages 5–12 years

Location: Activity Room at Sherwood Center

A new painting party option for kids! Artbug is an art enrichment program for kids focused on the benefits of visual arts. Age appropriate programs, challenges kids to use design elements to create their own masterpieces!

Artbug will provide all painting materials including:

- canvas
- paints
- brushes
- matting for artwork.
- All children will take home your artwork
- Birthday celebrant gets a gift from Artbug

You provide:

- Additional 30 minutes of birthday party

Fee: \$250 for up to 10 children, additional \$30 per child over 10 children

Young at Heart Senior Center



Senior Center Information

The City of Fairfax Senior Center is a recreational center with numerous and varied activities for all active adults. Each month, local trips, speakers and classes are an important part of the senior center and are offered at a minimal cost. Our fitness room is open during regular senior center hours and is free to all members. See monthly calendar for all activities.

For more information about the senior center, please call 703-273-6090 between 8:00 am and 5:00 pm. Copies of the current daily calendars with trip, speaker and special events updates can be found on the left-hand side under “Most Popular” on the City of Fairfax website: www.fairfaxva.gov.

AGES 55 AND OLDER

OPEN: Monday–Friday 8:00 am to 5:00 pm

Starting July 1, 2014 if you are not a City of Fairfax resident or Fairfax County resident there will be a membership fee of \$50 per year to join the senior center. An individual (55 and over) may also obtain a guest membership for a daily \$5 drop in guest fee.

Memberships will be valid for a 12-month period and can be purchased at any time through our registration system. Please stop by the front desk to register and fill out our green registration form with liability release at Green Acres/Senior Center.

Membership is free for City of Fairfax or Fairfax County, but ID cards and registration forms are required for participation. *A good sense of humor and a friendly nature are always welcome!*

Senior Council information:

After the election during the September meeting, the new Senior Center Council members took office. The following are the new council members for the 2014/2015 year:

OFFICERS

Gail Wade, *Chairperson*

Aldo Domenichini,
Vice-Chairperson

Jane Woods, *Secretary*

Paul Kavanaugh, *Treasurer*

Jane Albro will continue as
liaison to PRAB.

COUNCIL MEMBERS

Jane Albro	Paul Kavanaugh
Judy Balser	Duane Perry
Marcia Clukey	Larry Steinman
Aldo Domenichini	Gail Wade
George Evans	Jane Woods
Ellis Hamilton	

COMMITTEES

If you are interested in any of the following senior center committees, call 703-273-6090 for information and to sign up: Gardens or Grounds, Library, Marketing, Sports, Sunshine, Travel or Hospitality.

COMMITTEE MEETINGS

Meetings are held at the Young at Heart senior center. **Senior Center Council** meets the fourth Tuesday of every month at 2:00 pm. **Marketing Committee** meets the second Thursday of every month at 12:30 pm. **Hospitality Committee** meets the first Tuesday of every month at 1:00 pm. **Day Trip & Travel Overnight Committee** meets as required.

City of Fairfax Senior Center Green Acres Center

4401 Sideburn Road, Fairfax, VA 22030

Phone: 703-273-6090 Fax: 703-273-4606

www.fairfaxva.gov/government/parks-recreation/senior-center

Dates For Your Diary

December 15, 8:30 am

Winter Trip Registration: January and February 2015 Trips

December 19, 11:30 am

Christmas Party Pot Luck & Food Drive

December 31, 11:30 am

New Year's Celebration with Pizza Party. *Welcome the New Year with the Drop of the Apple Core!*

January 1

Center Closed:
New Year's Day Holiday

January 10, 9am – 11:00am

Fitness Room Open House at Green Acres

January 19

Center Closed:
Martin Luther King, Jr. Holiday

January 23, 11:00am

Senior Talent Show and Soup Festival

February 13, 11:30am

Valentine Day Party and Pot Luck

February 16

Center Closed:
Presidents' Day Observed

February 17, 8:30am

Winter Trip Registration:
March and April 2015 Trips

February 20, 11:00am

Speaker Personal Create Your Own Life Story / From the Cradle, LLC

February 28, 9am – 1:00pm

Young at Hearts Flea Market at Green Acres – donations accepted!

March 5, 11:00am

Travel Log International Balloon Festival with Don Lederer

March 16, 11:30am

St. Patrick's Day Pot Luck Party

March 21, 10:am – 12:30pm

Young at Heart Appraisal Show – Sherwood Community Center

March 23/24, 10:00am

AARP Smart Driver Course - *Registration required*

April 1, 11:30am

Spring Pot Luck and Plant Exchange

April 10, 2:00pm

Open House for Young at Heart Senior Center Party

April 13, 8:30am

Summer Trip Registration:
May and June 2015 Trips

May 8, 11:00am

Mother's Day Tea

Senior Center Information

These are ongoing activities that take place at the senior center. Mark your calendars so you don't miss out on the fun! More information on activities and programs taking place at the senior center can be found on our website at www.fairfaxva.gov/parksRec.

Men's Morning Coffee Group

Every morning 8:00 am–10:00 am. Coffee, breakfast treats and lively conversation.

Military History with Keith Young

Every Tuesday 10:00 am–12:00 pm with Keith Young. Covers military history beginning with the Revolutionary War to the present.

Pickleball

Every Monday, Tuesday, Wednesday and Thursday 1:00 pm–3:00 pm. This racquet sport combines elements of badminton and table tennis. The sport is played on a court with the same dimensions as a doubles badminton court. The net is similar to a tennis net, but is mounted two inches lower. The game is played with a hard paddle and a polymer wiffle ball. Great exercise and fun! Lessons offered separately.

Mah-Jongg

Every Monday 10:00 am–2:00 pm.

Similar to the Western card game rummy, Mah-Jongg is a game of skill, strategy and calculation that involves a certain degree of chance.

90's Club

For those in their tenth decade, meet 4th Friday, 10am.

Cut Coupons for Military Families

Join senior center members on the fourth Friday of each month at 9:30 am to clip donated manufacturer's coupons. Coupons will be given to the American Legion Post #177 for distribution to military families.

"Fabric Fanatics" Sewing Group

If you enjoy sewing, joining this group on the last Thursday in the month in Room 119 10:00 am–3:00 pm is a wonderful way to work on your own project or offer your help for a charitable cause. Bring your own sewing machine or work on something that doesn't require a machine (knitting, cross-stitching, or handwork.) For more information, call Lynne Thompson at 703-978-5823.

Current Events Group

Every Tuesday 1:00 pm–3:00 pm. Come discuss the latest topics going on in our world.

Fairfax Antique Arts Association

The Fairfax Antique Arts Association meets the third Thursday of each month at 10:15 am. The association invites guest speakers to discuss and show their collections and encourages members and guests to share their antiques with the group. Interested? Stop by and check it out.

Bocce

May–September, Thursdays, 9:00 am at outdoor courts. Tournament style play.

Monthly Birthday Party

Celebrate 1st Friday at noon in the Senior Center.

Library Update

Do you love to read? Select a book, enjoy it and return it. There is no sign-out required; books are loaned on the honor system. Donations of books published after the year 2000 are appreciated.

Pinochle/Mexican Train/Canasta

Played daily throughout the week starting at 9:30 am or 10:00 am (except Thursdays). See Senior Center monthly calendar or visit website for dates.

Chess Club

Every Monday at 10:00 am.

Millennium Art Guild

The Millennium Art Guild meets 1:00 pm–4:00 pm on Thursdays. Artists bring in their own art projects and supplies. All forms of art are welcome. For information, call Shirley Staples at 703-218-3172.

Bunco

Every other Friday (visit our website for dates).

Bingo

Every other Friday (visit our website for dates).

NOVA Neighbors Bridge

This group meets at noon on the first and third Monday of each month to play intermediate to advanced contract bridge. Chicago scoring is used, but party bridge rotations are followed.

German Conversation

Every Thursday 10:30 am–12:00 pm. Beginner and advanced conversation on German topics.

Young at Heart Senior Center



Line Dancing

Instructor: Lilly Drake

Ages: 55 years and up

Mondays, 10:30am–11:30am

Location: Green Acres Center Gym

With a little practice, anyone can learn how to Line Dance – plus they get everyone involved since no partner's necessary. You'll learn choreographed dances with a repeated sequence of steps in which you'll move as a group in lines and rows.

Jan 5 – Mar 9

(no class 1/19, 2/16)

Session A

March 16 – May 4

Session B

Fee: \$46, or \$8 per class

Chair Yoga

Instructor: Jann Richards-Wettman

Ages: 55 years and up

Mondays, 2:15pm–3:15pm

Location: Green Acres Center Room 116

Get your energy moving gently through your joints, muscles and glands as we isolate, rotate and stretch to your full range of motion. Seated in a chair and standing while holding the chair for short periods, we'll incorporate deep abdominal breathing, pre-yoga exercises, modified yoga poses, balancing and a final relaxation. Instructor is certified in both yoga and senior fitness.

Jan 5 – Feb 2

(no class 1/19)

Session A

Fee for Session A: \$21, or \$8 per class

Feb 23 – Mar 30

Session B

Apr 6 – May 11

Session C

Fee for Sessions B & C:

\$31, or \$8 per class

Seniorcise

Instructor: Darlene Wujkowski

Ages: 55 years and up

Tuesdays, Wednesdays and Fridays,

8:30am–9:30am

Location: Green Acres Center Gym

Ongoing low-impact aerobic exercise classes especially for your mature body!

4-Month Session

Jan 6 – April 24

Session A

Inclement weather make-up dates if needed: Apr. 28, 29, May 1

Fee: \$141

2-Month Session

Jan 6 – Feb 27

Session B

Mar 3 – Apr 24

Session C

Inclement weather make-up dates if needed: Apr. 28, 29, May 1

Fee: \$73, or \$8 per class

Easy Strength Training

Instructor: Darlene Wujkowski

Ages: 55 years and up

Tuesdays/Thursdays, 11:30am–12:30pm

Location: Green Acres Center Gym

Work your upper and lower body with weights and bands. Okay – it may not be easy, but you'll be glad you're involved to keep your muscles strong and supple!

Tuesdays:

Jan 6 – Feb 24

Session A

Mar 3 – Apr 21

Session B

Inclement weather make-up date if needed: Apr. 28

Fee: \$30, or \$8 per class

Thursdays:

Jan 8 – Feb 26

Session A

Mar 5 – Apr 30

Session B

Fee: \$30, Drop-in fee of \$8 per class

Basic Barre for Seniors

Instructor: Jann Richards-Wettman

Ages: 55 years and up

Tuesdays, 2:20pm–3:15pm

Location: Green Acres Center, Room 111

Basic Barre combines the latest craze in ballet-oriented exercises with yoga and pilates – all joint friendly. After a warm-up, we'll focus on standing leg and upper body work to tone, core conditioning with pulsing and holding, and yogic stretching to lengthen your muscles – all focused on strengthening your mature body. Step up to the barre – or chair! Group Exercise Instructor is trained in Barre Basics and Senior Fitness.

Jan 6 – Feb 3

Session A

Fee: \$26, or \$8 per class

Feb 17 – Mar 24

Session B

Mar 31 – May 5

Session C

Fee for Sessions B & C: \$31, or

\$8 per class



Senior Pickleball Lessons

Instructor: Ron Tugwell

Ages: 55 years and up

Tuesdays, 3pm–4pm

Location: Green Acres Center Gym

Learn the fastest growing court game in the USA! Similar to tennis, the court is smaller and the players are closer to the action. Learn the basics and prepare for indoor competition. After your lessons, you can practice in our weekly classes held Tuesday, Wednesday and Thursday from 1:00pm–3:00pm. Limited to the 8 students

Jan 13, 20 and 27

Session A

Feb 3, 10 and 17

Session B

Fee: \$20 per session

Sit & Get Fit

Instructor: Jann Richards-Wettman

Ages: 55 years and up

Thursdays, 2:15pm–3:15pm

Location: Green Acres Center, Room 111

Get a complete workout while seated and standing for short periods while using the chair for balance. You're encouraged to explore your full range of motion while honoring your limitations. A variety of resistance equipment is provided; wear comfortable clothing and supportive shoes, and bring a water bottle.

Jan 8 – Feb 5

Session A

Fee: \$26, or \$8 per class

Feb 17 – Mar 24

Session B

Mar 31 – May 5

Session C

Fee for Sessions B & C: \$31,
or \$8 per class

Tai Chi Chuan–Beginners

Certified Instructor: David Cohen

Ages: 55 years and up

Fridays, 10:15am–11:15am

Location: Green Acres Center Cafeteria

Tai chi's graceful and precise movements develop balance, alignment and relaxation. Unlike purely physical exercise, this gentle yet powerful discipline integrates body, mind and spirit. Cohen, a certified instructor, will introduce you to techniques for balance and proper breathing. A free student practice session is held every Tuesday from 2-3pm without the instructor.

Jan 9 – Feb 27

Session A

Mar 6 – Apr 24

Session B

Fee: \$45 per session

Tai Chi Chuan–Advanced

Certified Instructor: David Cohen

Ages: 55 years and up

Fridays, 9:15am–10:15am

Location: Green Acres Center Room 111

Build on the graceful form learned in Beginners Tai Chi Plus- we'll add some Eastern healing techniques.

Jan 9 – Feb 27

Session A

Mar 6 – Apr 24

Session B

Fee: \$45 per session

Enrichment

Art for Seniors

Instructor: Fatima Funk

Ages: 55 years and up

Mondays, 4pm–5:30 pm

Location: Green Acres Senior Center

Learn the various processes and techniques essential for drawing and painting in whatever medium you'd like to explore: watercolor, acrylic, pencil, or pastels. Bring your materials.

Jan 5 – Feb 23

Session A

(no class 1/19, 2/16)

Mar 9 – Apr 13

Session B

Fee: \$72 per session, or \$12 per class

Your iPad: It's More than just for Emailing!

Instructor: Holly Seibold of m2Academy

Ages: 55 years and up

Wednesdays, 11am–12 noon

Location: Green Acres Center Room 117

Design and produce meaningful projects using only your iPad! In this class, students will have amazing opportunities to create modern photo slideshows, design videos, produce digital art, make voice recordings, post on blogs and social media, tell digital stories, produce interactive presentations and create many more multi-media products - all using the most modern, 21st century digital apps and devices. In addition to being an extremely exciting and fun program for you to participate hands-on, you will also learn how to save, upload and share your work with the world! Bring your iPad or use one provided by m2 Academy.

Jan 7 – Feb 25

Session A

Mar 11 – Apr 29

Session B

Fee: \$79 per session, or \$12 per class

Mi chu chu tren® - Adventures to learn Spanish

Instructor: Human Advance LLC.

Ages: 55 years and up

Wednesday's, 2:00pm–3:00pm

Location: Green Acres

If you want to spend great time while traveling through different Latin American cultures, getting to know their customs and culture while learning their language, you have found the right place to be, Mi Chu Chu Tren. This most enjoyable class is full of adventures and immersed 100% in Spanish. During class you will be able to live daily activities that would happen if you travel abroad, like going to a hotel, eating in a restaurant, shopping, and banking, between others. You will learn Spanish without even noticing; immersed in adventures you will never forget.

Feb 4 – Mar 25

Fee: \$95

Come Sit Meditation

Instructor: Jann Richards-Weltman

Ages: 55 years and up

Wednesdays, 2:15pm–3:15pm

Location: Green Acres Center Room 110

"When the going gets tough, the tough ...meditate!" Come sit and learn what meditation is and experience its benefits and ways to meditate. You'll experience "the peace that passes all understanding" as we center, bring the brain waves into calmness and meditate - going within to the silence that is a wellspring of rejuvenation & harmony. Weekly we'll explore different methods of meditation: mantra, breathing techniques, laughing, and more.

Jan 7 – 28

Session A

Feb 25 – Mar 4

Session B

Apr 1 – 22

Session C

Fee: \$30, or \$10 per class



Young at Heart Senior Center

AARP Smart Driver Course

Instructor: Ralph Rosenthal

Ages: 50 years and up

Tuesday and Wednesday, 10am–2:00pm

Location: Location: Green Acres Center, Room 112

Some drivers age 50-plus have never looked back since they got their first driver's license, but you can benefit from brushing up on your driving skills in this 2-day course: learn the current rules of the road, defensive driving techniques and how to operate your vehicle more safely in today's increasingly challenging driving environment. Also learn how to manage and accommodate common age-related changes in vision, hearing and reaction time, minimize blind spots, maintain proper following distances, lane changes and turning at busy intersections, proper use of safety belts, air bags, antilock brakes and new technology, ways to monitor your own and others' driving skills and capabilities, effects of medications on driving, and the importance of eliminating distractions. Advanced registration required.

Fee by check payable day of course to "AARP": \$15 AARP members, \$20 non-members.

March 24 and 25

FREE: Beginner Bridge Classes

Instructor: Camille McNeil

Ages: 55 years and up

Mondays, 9:30am–11:30am

Location: Location: Green Acres Center Room 119

Interested in learning to play bridge? A minimum of eight interested people needed! Learn the basics to start you on this fun and challenging journey.

Feb 2 – Mar 16 (no class 2/16)

REGISTRATION REQUIRED:

call 703-273-6090

Fee: Free with registration



FREE Beginner Photography Class

Coordinators: Bob McNeil

Ages: 55 years and up

Fridays, 9:30am–11:30am

Location: Green Acres Center

Learn how to get out and have fun with your camera (or other device that takes pictures) by attending the Beginner 101 class. The camera and printing are the primary focus of these class sessions. Bring your camera and instruction book (if available). A minimum of 6 students are required.

Mar 13 and 20

2 class sessions

REGISTRATION REQUIRED:

call 703-273-6090

Fee: Free with registration

FREE Advanced Photography Class

Coordinators: Bob McNeil

Ages: 55 years and up

Fridays, 9:30am–11:30am

Location: Green Acres Center

It is all about taking better pictures. Factors that affect composition and perspective are discussed. Learn more about what the other buttons, knobs and features of your camera. Bring your camera and instruction book (if available). A minimum of 6 students are required.

April 10 and 17

2 class sessions

REGISTRATION REQUIRED:

call 703-273-6090

Fee: Free with registration





1st Place: Around Our City, Walter Fletcher



Senior Photo Contest Contestants: Monica Gomez, Pete Alberse, Susan Thompson, Bob McNeil, Debi Wurdack, Judy Balser

2014 ANNUAL CITY OF FAIRFAX SENIOR CENTER PHOTO CONTEST

CONGRATULATIONS TO ALL THE WINNERS OF OUR ANNUAL PHOTO CONTEST. The committee wants to take this opportunity to thank all the participants who submitted photos for this competition. A special thanks to the Judges: George Evans, Brianne Baglini, and Katie MacCammon.

THE CATEGORIES AND WINNERS ARE:

	Friends & Family	Nature	Around our City	Travel
1st Place	Jeanette Mason	Debi Wurdack	Walter Fletcher	Lynn Magrum
2nd Place	Lynn Magrum	Pete Alberse	Monica Gomez	Debi Wurdack
3rd Place	Judy Balser	Monica Gomez	Pete Alberse	Judy Balser



1st Place: Nature, Debi Wurdack



1st Place: Travel, Lynn Magrum



1st Place: Friends & Family Jeanette Mason

Owl Items

THE PHAONMNEAL PWEOR OF THE HMUAN MNID. I cdnoul t blveiee taht I cluod au l lacity uesdnatnrd waht I was rdaneig. Aaoccdrnig to a rscheearch sdtuy at Cmabrgide Uinrevtisy, it dseon't mtaetr in waht oerdr the ltteres i n a wrod are. The only iproamtnt tihng is taht the frsit and lsat

ltteers in a wrod are in the rghit pclae. The rset can be a taotl mses and you can slitl raed it whotuit a pboerlm. Tihs is bcuseae the huamn mnid deos not raed ervey lteter by istlef, but the wrod as a wlohe. Aza nmig, huh? Yaeh, and I awlyas tghuhot slpeling was ipmorantt! If lawyers are disbarred

and clergymen defrocked, then wouldn't it follow that electricians could be delighted, musicians denoted, cowboys deranged, models deposed, tree surgeons debarked and dry cleaners depressed?

FUN AT THE CITY OF FAIRFAX SENIOR CENTER

BY: MARCIA CLUKEY AND JANE ALBRO

THIS YEAR'S 4th of July Parade gave our city some new stars. Senior Center Hula Hoopers marched in the Parade, and they did so while hula hooping! They had great fun and were a huge hit with the onlookers. Hula Hooping is a part of some of the wonderful exercise classes taught in the Senior Center in Fairfax. Although a big draw, exercise classes are not the only activities to be found at the Green Acres Senior Center. We also offer

Bridge, Bunco, Mexican Train and Mahjongg, among other things. If you want to play, but don't know how, come for our classes and then join in the fun

If those aren't your cup of tea, how about Bingo or Day at the Races? All of these games give you the opportunity to socialize with others, challenge your brain, and just have a good time.

If you enjoy being outdoors, come join us for the exciting competition of bocce. Not only is it fun to play out under the trees, but at the end of each season we have an award luncheon for all the participants.

FUND RAISERS

Our Flea Market will be held on February 28, 2015 from 9:00 a.m. to 1:00 p.m. We not only have bargains at the Fairfax Senior Center table, but we also have many wonderful items for sale by the many vendors who attend this indoor event. There will be items to tempt everyone, so come and see what treasures you can find for yourself.

Our 7th Annual Antiques Appraisal Event will be held on Saturday, March 21, 2015, from 10:00am to 12:30pm at The Sherwood Center, 3740 Old Lee Highway, Fairfax 22030. There will be a \$5:00 admission charge and an additional \$5:00 fee for each verbal appraisal, with a limit of three(3) For each \$5 you may then purchase three additional item tickets, but you will be assigned a new number.

In summary, it will be possible to have a maximum of six(6) items appraised, but after the first three(3) have been done, it will be necessary to go back to the end of the line to have the remaining three done. The appraisers attending this time will be Kinda Goldstein, Seymour Lazerowitz, Quinss's Aution and Norman Newsome. Come and join us and learn what your treasures are worth.





25th Season of the Bonita Lestina Old Town Hall Performance Series

Old Town Hall

Sponsored by the City of Fairfax Commission on the Arts
3999 University Drive, Fairfax, VA

Second and Fourth Fridays. All performances begin at 8pm.
Free and open to the public. www.fairfaxarts.org

January 9 The Bravura Ensemble – Chamber Music Classics

January 23 Mpingo – Portraits for Wind Ensembles

February 13 Dancing Heart – Innovative Music for Flute, Percussion & Piano

February 27 United States Army Band “Pershing’s Own”
Downrange – Rock, Pop & Country

March 13 Potomac Accordion Ensemble – Popular & Classical Accordion Tunes

March 27 Lyric Impact – Flute & Mallets: Music of Color & Soul

April 10 The Bobby Jasinski Jazz Trio – Great American Songbook, Standards & Original Music

April 24 Raffi & Roman Kasparian – Father-Son Piano Duo

Children’s Performance Series

Old Town Hall

Sponsored by the City of Fairfax Commission on the Arts
3999 University Drive, Fairfax, VA

First and Third Mondays through June. All performances begin at 10:30am. Free and open to the public, but donations are gratefully accepted. www.fairfaxarts.org

Friday Morning Music Club

Old Town Hall

Old Town Hall, 3999 University Drive, Fairfax, VA

Third Thursdays. All performances begin at 11am. Free and open to the public. www.fairfaxarts.org

Friday Morning Music Club, Inc. is a community of music lovers and musicians dedicated to promoting classical music throughout the metropolitan area. On the third Thursday of the month they host their performances at Old Town Hall. Upcoming performances are on: January 15, February 19, March 19, and April 16.

Acting for Young People

Spring 2015 Spotlight Showcases

Alice in Wonderland, Jr.

Saturday, May 9 at 12pm, 4pm, and 7:30pm

Sunday, May 10 at 12pm, 4pm, and 7:30pm,

George Mason University’s TheatreSpace.

For tickets visit www.afyp.org

30th Annual Spotlight on the Arts Festival—April 17th–May 9th, 2015

Apr 10–May 3

The Hub Theatre –
The Typographer's Dream
\$
John Swayze Theatre

Thu, Apr 16, 11AM–12PM
Friday Morning Music Club
Old Town Hall

Apr 16–18, 8PM
Mason Dance Company Spring Show
\$
Harris Theatre, GMU

Fri, Apr 17
Spotlight on the Arts Opening Gala
\$
Old Town Hall

Apr 17&18, 7:30PM
Apr 19, 2PM
PVI Players present Spring Musical
Paul VI High School

Sat, Apr 18, 10AM
Old Town Square Opening
Old Town Square

Sat, Apr 18, 2PM
Fairfax Art League & Fairfax High School Art Show Opening
Old Town Hall

Sun, Apr 19, 2PM
Virginia Opera Children's Program –
The Princess and the Pea
The Sherwood Center

Sun, Apr 19, 6PM
Bluegrass Festival
The Auld Shebeen

Mon, Apr 20, 10:30AM
Children's Performance Series
Old Town Hall

Tue, Apr 21, 8PM
Mason Wind Symphony & Symphonic Band
\$
Harris Theatre, GMU

Wed, Apr 22, 8PM
Jazz Combos Concert
de Laski – Room 3001, GMU

Thu, Apr 23, 7–9PM
Truro Anglican 2015 Spring Arts Festival
Truro Anglican Church

Thu, Apr 23, 8PM
Saxophone Ensemble Concert
de Laski – Room 3001, GMU

Fri, Apr 24, 8PM
Raffi & Roman Kasparian
Old Town Hall

Fri, Apr 24, 8PM
Sat, Apr 25, 2PM & 8PM
The Annual Ten-Minute Play Festival
\$
TheaterSpace, GMU

Apr 24 & 25, 8PM
Apr 26, 2PM & 4PM
Mason Opera
\$
Harris Theatre, GMU

Sat, Apr 25, 9AM–4PM
8th Annual Lace Day – Chesapeake Region Lace Guild
Old Town Hall

Sat, Apr 25, 10AM–5PM
15th Annual Fairfax Civil War Day
\$
Historic Blenheim

Sat, Apr 25, 4–10PM
Spotlight International Children's Festival
The Sherwood Center

Sun, Apr 26, 12–5PM
Potomac Arts Academy Recitals
Old Town Hall

Sun, Apr 26, 4PM
Main Street Community Band
The Sherwood Center

Mon, Apr 27, 7PM
Virginia Opera: An Evening of Arias & Duets
The Sherwood Center

Tue, Apr 28, 6–7PM
Earth Day Show & Reception
City Hall Atrium

Tue, Apr 28, 7:30PM
Vienna-Falls Chorus, Sweet Adelines – Performance and Reception
The Sherwood Center

Thu, Apr 30, 7PM
Paul VI High School presents Pops Concert
\$
Paul VI High School

Apr 30-May 2
May 7–9
Rambunctious Theatre Co. presents Spring Musical
\$
Robinson Secondary School

Fri, May 1, 7PM
"Temptations" – Our Daily Bread
The Sherwood Center

May 1–3, May 7–9
FX Players present Big the Musical
\$
Fairfax High School

Sat, May 2, 6PM
MCTFest
The Sherwood Center

Sun, May 3, 1–3PM
MusicLink Recital
Old Town Hall

Sun, May 3, 2–5PM
Acting for Young People Showcase
The Sherwood Center

Sun, May 3, 7PM
School of Music Young Masters Concert
\$
Concert Hall, GMU

Mon, May 4, 10:30AM
Children's Performance Series Mr. Skip with St. Leo the Great School
Old Town Hall

Mon, May 4, 8PM
Mason Jazz Vocal Night
Harris Theatre, GMU

Thu, May 7, 7PM
Video Fairfax Awards in association with Washington West FilmFest
The Sherwood Center

Fri, May 8, 7:30PM
Fashion in Motion – Fairfax Academy
\$
The Sherwood Center

May 9–10, 8AM
Potomac Arts Spring Recitals
de Laski – Room 3001

May 9–10, 12PM, 4PM, 7:30PM
Acting for Young People – Alice in Wonderland, Jr.
\$
TheaterSpace, GMU

Sat, May 9
Art Walk
Old Town Fairfax

Sat, May 9
Women's Club of Fairfax Fashion Show
The Sherwood Center

Sat, May 9, 8PM
Fairfax Symphony Orchestra
\$
Harris Theatre, GMU

May 15&16, 7:30PM
Fairfax Academy Dance Spring Showcase
\$
Fairfax High School

Sat, May 16, 10AM–3PM
Antique Car Show
City Hall

Sat, May 16, 7:30PM
City of Fairfax Band presents Song & Dance
\$
W.T. Woodson High School

Sun, May 17, 3PM
Northern Virginia Youth & Junior Winds
Harris Theatre, GMU

Events can occasionally be added to the Festival – please check our website for updates www.fairfaxspotlight.org or call 703-352-ARTS



Virginia Opera

www.vaopera.org

An Evening of Arias & Duets

February 2, 2015, 7:00 PM

Stacy C. Sherwood Community Center

Join the Virginia Opera for this delightful musical event featuring arias and duets from your favorite operas and operettas, including selections from our 2014-15 Season. This unique collection of popular song selections will be performed by Virginia Opera Mainstage and Emerging artists. Admission is free. There is limited seating; reservations requested.

Richard Strauss's *Salome*

February 14, 2015, 8:00 PM

February 15, 2015, 2:00 PM

Concert Hall, George Mason University

With a steamy combination of biblical themes, sexual tension and murder, Richard Strauss' *Salome* surprised opera audiences when it appeared in 1905. Virginia Opera's upcoming *Salome*, co-produced with Portland Opera in Oregon, is an example of the lush musical sound of the early 20th century opera composition. *Salome* is an epic journey into the macabre – all set to the spellbinding music of Richard Strauss.

Giuseppe Verdi's *La Traviata*

March 21, 2015, 8:00 PM

March 22, 2015, 2:00 PM

Concert Hall, George Mason University

To close this stunning season of stylistic highlights, Virginia Opera premieres a brand new, glittering and glamorous traditional staging of *La Traviata*. A classic Italian opera composed by one of the masters of the art form – Giuseppe Verdi – *La Traviata* is the most performed opera in the world today and remains an audience favorite on our stages since the inaugural season when it was first performed in 1975. Set in decadent mid-1800's Paris, the story tells of a lovely courtesan who falls in love with a man she cannot have.

Children's Program – *The Princess and the Pea*

April 19, 2015, 2:00 PM

Stacy C. Sherwood Community Center

A humorous adaptation of Hans Christian Andersen's famous story with a few modern twists. A young girl whose royal blood could only be confirmed by testing her sensitivity to a pea becomes a short opera sure to bring many laughs for young audiences. Just what tests will this young princess have to undergo to prove her lineage? Admission is free. There is limited seating; reservations requested.

An Evening of Arias & Duets – A Preview of the 2015-16 Season

April 27, 2015, 7:00 PM

Stacy C. Sherwood Community Center

Join the Virginia Opera for this delightful musical event featuring arias and duets from your favorite operas and operettas, including a preview of selections from our 2015-16 Season. This unique collection of popular song selections will be performed by Virginia Opera Mainstage and Emerging artists. This event is a part of the Spotlight on the Arts Festival. Admission is free. There is limited seating; reservations requested.



City of Fairfax Theatre Company

www.fairfaxcitytheatre.org

fairfaxcitytheatre@gmail.com

The Hub Theatre

www.thehubtheatre.org

The Typographer's Dream by Adam Bock

Directed by Matt Bassett

April 10–May 3, 2015

John Swayze Theatre at the New School
of Northern Virginia

9431 Silver King Court, Fairfax, VA

The Arts are Alive in Fairfax

City of Fairfax Band Association www.fairfaxband.org

www.fairfaxband.org

Time Travel

Sunday, February 22, 2015, 3pm
Northern Virginia Youth Winds &
Junior Winds
WT Woodson High School,
9525 Main Street, Fairfax, VA
Free

The bands present an exploration of music from around the world, marches and a presentation of progressive work. The audience will be entertained with featured ensembles, guest conductor participation, and music selections.

The Gang's All Here

Sunday, March 1, 2015, 4pm
Lanier Middle School, 3801
Jermantown Road, Fairfax, VA
*Adults - \$15, Seniors - \$10,
Under 18 - Free*

The program will include special performances by the Main Street Community Band and its small ensembles, including the Main Street Brass Quintet and the Main Street Trombone Quartet! Come join us as we celebrate "making music with friends, for friends!"



Give Our Regards to Broadway

Saturday, March 28, 2015, 7:30pm
City of Fairfax Band
Fairfax High School, 3501 Rebel
Run, Fairfax, VA
*Adults - \$15, Seniors - \$10,
Under 18 - Free*

The City of Fairfax Band goes Broadway! Broadway hits of yesterday and today mixed with classic medleys from the Golden Age of Broadway, featuring Mason Cabaret as our guest artists.

Spotlight Concert

Sunday, April 26, 2015, 4pm
Main Street Community Band
Sherwood Community Center,
3740 Old Lee Highway, Fairfax, VA
Free

Join us as we celebrate the arrival of spring! You will find high-spirited youth, innocent love, heroic music and stately dance mingle in this colorful and vibrant vision of Spring!

Song and Dance

Saturday, May 16, 2015, 7:30 pm
City of Fairfax Band with 2015 Young
Artist Competition Winner
WT Woodson High School,
9525 Main Street, Fairfax, VA
*Adults - \$15, Seniors - \$10,
Under 18 - Free*

Robert Russell Bennett's Symphonic Songs and Ira Hearschen's Divertimento form the centerpieces of this program, featuring lighter classics by American composers. The program will also showcase the winner of the 2015 City of Fairfax Band Young Artist Competition in performance with the band. Patron reception pre-concert.

Roots

Sunday, May 17, 2015, 3 pm
Northern Virginia Youth Winds
& Junior Winds
Harris Theater, George Mason
University
Free

The concert features a guest soloist selected from the wealth of military musicians in the Northern Virginia Region. The band will present a major work by the "composer of the year." Enjoy collaborative programming between the two youth division ensembles.





Fairfax Art League

www.fairfaxartleague.net

Old Town Hall Gallery,
3999 University Drive, Fairfax, VA
Village Gallery, 3950 University Drive,
Fairfax, VA

The December show at both Old Town Hall and Village Gallery will remain up during January. On February 5, new shows will be hung at both Old Town Hall and Village Gallery. Sandy Mileski will be the Featured Artist at Old Town Hall. On February 12 she will have her artist reception at Old Town Hall from 7–9pm. On February 28 an artist reception will be held at Village Gallery from 7–9pm.

On March 5, new shows will be hung at both Old Town Hall and Village Gallery. Sara Harland will be the Featured Artist at Old Town Hall. On March 12th she will have her artist reception at Old Town Hall from 7–9pm.



Fairfax Symphony Orchestra

www.fairfaxsymphony.org

February 7, 2015 – 8pm
Concert Hall, George Mason University
Christopher Zimmerman, conductor
Dvorak: Symphony No. 8
Bodorova: Symphony No. 1
(U.S. Premiere)

March 14, 2015 – 8pm

Harris Theater, George Mason University
Christopher Zimmerman, conductor
Paul Huang, violin
Mozart: Adagio and Fugue
Vaughan Williams: Fantasia on a Theme by Thomas Tallis
Vaughan Williams: Concerto for Violin and Strings
Richard Strauss: *Metamorphosen*

April 11, 2015 – 8pm

Concert Hall, George Mason University
Luke Frazier, conductor
National Broadway Chorus

A Civil War Portrait - In his 1966 classic *Lincoln and the Music of the Civil War*, Kenneth A. Bernard calls the war between the states a musical war. This program guides the audience through the major campaigns of the Civil War through music, narration and carefully curated photographs and features music of the era, from Stephen Foster to *Battle Hymn of the Republic*, as well as popular Civil War era folksongs like *Danny Boy* and *Annie Laurie*.

May 9, 2015 – 8pm

Concert Hall, George Mason University
Christopher Zimmerman, conductor
Stanislav Khristenko, piano
Mozart: Piano Concerto No. 24 in c minor
Mahler: Symphony No. 1





Chocolate Lovers Festival February 7 & 8, 2015

Old Town Fairfax

This delicious annual festival features two days of chocolate celebration. This is a community favorite and features the Chocolate Challenge, an arts extravaganza where the medium is chocolate. The festival is a great Valentine's Day event with chocolate vendors offering samples and selling their products at the Taste of Chocolate. Other activities include the Kiwanis Pancake Breakfast, Harley Eye Candy Photos, open house at historic buildings, children's activities and more.

Some events require a small fee while other events are free to all visitors. The schedule is subject to change. Please visit www.chocolatefestival.net for a current schedule of activities and applications or call 703/385-7858 for more information.



Chocolate Highlights

TASTE OF CHOCOLATE

Old Town Hall, 3999 University Drive
Saturday 10am–5pm,
Sunday 12noon–4pm

Surround yourself with hundreds of the finest chocolate sensations area confectioners have to offer. Goodies to sample include cakes, candies, brownies, fudge, ice cream and other delicious concoctions. Admission is free. Pogs, traded for chocolate merchandise, cost \$1 each. Cash and credit cards accepted.

CHOCOLATE CHALLENGE

GMU Nutrition Kitchen,
3950 University Drive
Saturday 10am–5pm,
Sunday 12noon–4pm

A gallery of art, cakes and cupcakes made entirely of chocolate created by professionals and amateurs alike. Both judges and visitors will have an opportunity to judge the entries in numerous categories. Donated cakes and other items will be open for silent auction bidding. Admission to the Chocolate Challenge is \$1 per adult. Applications to participate in the Chocolate Challenge are being accepted until January 27, 2015.



CHOCOLATE LOVERS PANCAKE BREAKFAST

Fire Station 3, 4081 University Drive
Saturday 8:00 a.m.–1:00 p.m.

Join the Kiwanis Club of Fairfax for their Chocolate Lovers Pancake Breakfast. The menu features pancakes (regular and chocolate chip) and sausage. Coffee, juice and milk also will be served. Cost is \$7 per adult and \$4 for children ages 4–12. Children age 3 and younger eat for free (with a paying adult - Max of 2 children).

THE CHOCOLATE CAPER MOCK TRIAL

Fairfax Court House,
4000 Chain Bridge Road
Saturday, 10:15 a.m., 2:30 p.m.

The Fairfax Bar Association will hold a mock trial based on a children's fairy tale to explain the justice system to children and adults.

CHOCOLATE COVERED FAIRYTALES

City of Fairfax Regional Library,
10360 North Street
Saturday, 2:00pm

Award-winning storyteller Gary Lloyd delights all ages with delicious versions of classic fairy tales told with a chocolate twist.

CHILDREN'S ACTIVITIES

City of Fairfax Regional Library,
10360 North Street

The City of Fairfax Regional Library will host a number of programs specifically for children to include Turley the Magician, Fire Safety Puppet Show and the Musical Duo of Cody & BJ. Visit www.chocolatefestival.net for schedule of shows.



Derby-Q

BBQ, Blues, Bourbon & Brews Festival

Saturday, May 2, 2–7pm

Old Town Square

This community festival will feature specialty beer and bourbon tastings along with a variety of BBQ vendors. Live blues bands will perform on stage while the crowds anxiously await the Greatest Two Minutes in Sports – the Kentucky Derby, shown on the big screen. More details and costs are available on-line at www.fairfaxva.gov/DerbyQ.

#TGIFairfax – Rock the Block Concert Series

Fourth Fridays,
May – September, 6–9pm
Old Town Square

This family friendly free concert series will feature live bands, lawn games, beer garden and city restaurant vendor booths. Bring your lawn chairs. A complete schedule of performers will be listed by February 1 at www.fairfaxva.gov/RockTheBlock.

Rock the Block 2015 Concert Dates:

May 22, June 26, July 24, August 28
and September 25



Mother & Son Camp Out

Friday, May 8, 5pm to
Saturday, May 9, 9am
Van Dyck Park,
3730 Old Lee Highway

Join us for an outdoor camping experience in the great outdoors at Van Dyck Park! Sons celebrate Mother's Day with your moms, grandmas, big sisters, godmothers or favorite female adult. Come pitch a tent

and bring the sleeping bags for an evening of adventure and activities. Dinner and breakfast will be provided along with roasting of s'mores by the campfire and storytelling. Great memories to be made!

To register please visit
www.fairfaxva.gov/MotherSonCampout.
For more information please call
703.385.1710 or email
parksrec@fairfaxva.gov.

Fee: \$30 per person



Holiday Music *Now Playing*

www.washfm.com



Listen anywhere on  **iHeart**RADIO

Craft and Food Vendor Applications

Fall Festival (October 10, 2015) and Holiday Craft Show (November 21 & 22, 2015) vendor applications will be available the beginning of January. Both shows are juried. All work must be original, handcrafted art and craft items produced by the vendor and must be representative of items juried. Food vendors must submit a food vendor proposal to apply for participation. Deadline to register is March 13, 2015. To receive an application, please visit <http://www.fairfaxva.gov/EventVendorInformation> or call 703/385-7858.

Independence Day Celebration Parade and Food Vendor Applications

The Independence Day Celebration parade and food vendor applications will be available the beginning of January. Food vendors must submit a food vendor proposal to apply for participation for the parade and evening show at Fairfax High School. Deadline to register is April 1, 2015. To receive a parade application, please visit <http://www.fairfaxva.gov/ParadeParticipantInformation>. To receive a food vendor application, please visit www.fairfaxva.gov/EventVendorInformation or call 703-385-7858.



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Each office is independently owned and operated.

Volunteers Needed for Special Events



The City of Fairfax is looking for volunteers that would be interested in working a variety of special events in the city to include the 4th of July Parade,

Fall Festival and Holiday Craft Show. A small time commitment (2 or more hours) is requested to help with administration duties prior to an event and working the actual event (crafter check in, information

gate worker, activity leader, balloon handler, costume character, etc.) There are many fun jobs to be had. Please contact Leslie Herman at 703.385.7949 or leslie.herman@fairfaxva.gov for more information.

Combined Properties

Egg Hunt

Saturday, March 28, 2015.
Van Dyck Park
3720 Old Lee Hwy., Fairfax
Ages 2-10 years

Free!

Fun activities from 10:00 am-noon

Egg Hunt Schedule
2-3 years 10:30 am
4-5 years 10:45 am
6-7 years 11:00 am
8-10 years 11:15 am

Bring your camera! The Bunny will be present!
Food items will be available for sale (cash only).

Merchants from the following Combined Properties shopping centers include:

- Courthouse Plaza
- Fairfax Circle Plaza
- Pickett Shopping Center
- Turnpike Shopping Center

For more details, visit www.fairfaxva.gov or call 703-385-7858

Sponsored by
CP Combined Properties

Presented by
Parks & Recreation
City of Fairfax

Rental Venues

Stacy C. Sherwood Community Center

Centrally located near a beautiful park setting with seating up to 400.

**3740 Old Lee Highway,
Fairfax VA**

The Sherwood Center offers many options for your unique gathering. With four different rooms, two of which can be divided into half spaces, one is sure to meet your needs for a child's birthday party, baby shower or even a large family reunion. Consider hosting your next event at Sherwood and enjoy the proximity to Van Dyck Park.



*Howard W. Sharpe, Sr., and
Helen R. Sharpe Performance Space*



Drummond Family Activity Room



Greenfield Family Art Room



Mason Family Rehearsal Space.

Green Acres Center

4401 Sideburn Road, Fairfax VA

Green Acres is not only home to our Young at Heart Senior Center, it hosts many of our youth and adult programs. The rooms at Green Acres can accommodate different-sized parties—classrooms for smaller gatherings and the cafeteria and gym for larger parties.



**Great for large or small groups!
Cafeteria for large social functions
and a gym for sports activities.**



Room 110—perfect for meetings!



*Senior center participants play
bocce ball*

Old Town Hall

3999 University Drive, Fairfax VA

This unique venue provides warm yet stately ambiance. Much of the woodwork, floors and stairway are original, as is some of the window glass. Brass chandeliers with frosted glass globes illuminate the building, and its two-story portico. Tuscan columns and impressive dormers have made this stately Colonial Revival building a favorite site for occasions of all kinds for nearly a century.

Rich history and a style that's perfect for weddings, reunions and galas.



Main Floor reception



Upper-Level wedding ceremony



Building at dusk



Atrium/Lobby area



Multipurpose Room



Pergola

Civil War Interpretive Center at Historic Blenheim

3610 Old Lee Highway, Fairfax, VA

Historic Blenheim is a picturesque location for intimate gatherings or large family reunions and anniversary parties. With the large open lawn attached to the back, it has become a perfect setting for corporate dinners and summer picnics that include all members of the families. Children can't help but run around freely outside, far away from any busy roads. Book your next birthday party here and

experience a serene location for attendees of all ages.

Beautiful 12-acre site in a modernistic rural style. Pergola and veranda for outdoor seating.

For more information please visit www.fairfaxva.gov/parksrec or call 703-385-7858.

General Info/Registration Information

City of Fairfax, Parks & Recreation

City Hall, 10455 Armstrong St.
Fairfax, VA 22030

Office Hours

Monday–Friday: 8:30am–5:00pm

General Information:

Phone: 703-385-7858

Fax: 703-246-6321

www.fairfaxva.gov

Stacy C. Sherwood Community Center

3740 Old Lee Highway, Fairfax, VA 22030

Office Hours

Monday–Friday: 8:30am – 8:00pm,

Saturday: 9:00 am – 4:00 pm,

Open Evenings & Sundays for
Scheduled Programs

Center Phone: 703-385-1695

Old Town Hall

3999 University Dr., Fairfax VA 22030

Office Hours

Monday – Friday: 10:30am – 3:30pm

Green Acres Center

4401 Sideburn Road, Fairfax, VA 22030

Office Hours

Monday –Thursday: 8:30am – 9:00pm,

Friday: 8:30am – 5:00pm

Saturday – Sunday: 9:00am – 2:00pm

Open Evenings & Weekends for

Scheduled Programs

Center Phone: 703-273-6090

Offices Closed: (new dates for Winter)

Thursday, Jan 1: New Year's Day

Monday, Jan 19: Martin Luther King Day

Monday, Feb 16: President's Day

Disclaimer

The opinions expressed in articles submitted for publication in the Leisure Times magazine do not necessarily state or reflect those of the City of Fairfax and the Parks and Recreation Department.

Financial Assistance

City of Fairfax Parks and Recreation's goal is to have all government programs, services, classes and camps accessible to all residents. *For more information, visit www.fairfaxva.gov/ParksRec.*

Refunds

If a class is cancelled by the Parks and Recreation Department, the registrant will receive a full refund. A registrant requesting a refund for a class must complete the Refund Request Form found at any of the City of Fairfax Parks and Recreation offices. The City of Fairfax Parks and Recreation Department reserves the right to accept or decline refund requests.

NSF Checks

Checks returned for insufficient funds will be assessed an additional \$25 fee, and the check writer may be restricted from paying by check for future classes or trips.

Advertisements

Advertisement in this publication does not express or imply the endorsement of a business or its products and services by the City of Fairfax Parks and Recreation Department.

Inclement Weather Cancellations

The City of Fairfax Parks and Recreation Department follows the Fairfax County School's cancellation policy.

Closed

When schools are closed due to inclement weather, all recreation classes, activities and the Senior Center will be cancelled. All facilities where these programs are held will only be open for administration purposes—Sherwood Community, Green Acres Center, Senior Center and Old Town Hall, unless otherwise directed by the City Manager. Website for Fairfax County school information: www.fcps.edu.

Late Start

When Fairfax County Schools are delayed for one to two hours, programs and classes will start at 10:00am— all classes with start times prior to 10:00am will be cancelled. The Senior Center will open at 10:00am. There will be no transportation by FASTRAN.

Early Dismissal

When Fairfax County Schools initiate an early school closing or cancellation of evening school activities, all afternoon and evening Parks and Recreation classes starting after 2:00pm operating out of Sherwood Community Center, Green Acres Center, Old Town Hall, city parks or schools will be cancelled, including the Senior Center.

In the event of inclement weather during a time when public schools are not in session or in the case of extenuating circumstances such as extreme temperature or issues with busing which does not affect Parks and Recreation programs the City of Fairfax Parks and Recreation Department

Director or designee will make a decision on cancellations and delays. In these cases, we would operate the Senior Center on the delayed opening schedule 10am-5pm. There will be no transportation by FASTRAN.

This information will be posted on the website, www.fairfaxva.gov or call 703-385-7858. Staff will make all effort to contact participants by posting on the city website www.fairfaxva.gov, local news channels, as well as notifications by E-mas, mass e-mails and, where appropriate, phone calls.

Four Ways To Register

1. ONLINE: [www.fairfaxva.gov/](http://www.fairfaxva.gov/ParksRec)

ParksRec, 24 hours a day.

2. WALK-IN:

See above for office locations and hours

3. FAX-IN: Signed and completed registration forms must be faxed to 703-246-6321.

4. MAIL-IN: Mail registration form to City of Fairfax Parks and Recreation, 10455 Armstrong St. Fairfax VA 22030

Payment Methods Accepted:

American Express, Discover, MasterCard or Visa

Make checks payable to City of Fairfax.

Payment must be made at the time of registration. Assumption of Risk Waiver, found on registration form, must be signed by all participants at time of registration. Parent/legal guardian signature is required for participants under the age of 18 years.

CITY OF FAIRFAX PARKS AND RECREATION DEPARTMENT

“Amazing Experiences!”

Administration Office

10455 Armstrong Street Phone: 703-385-7858

Fairfax, VA 22030 Fax: 703-246-6321

www.fairfaxva.gov ParksRec@fairfaxva.gov

PARENT/GUARDIAN/PRIMARY HOUSEHOLD CONTACT INFORMATION

LAST NAME		FIRST NAME		HOUSEHOLD E-MAIL	
ADDRESS		CITY		STATE	ZIP
() ()		() ()			
HOME PHONE		CELL PHONE		OTHER PHONE NUMBER	
EMERGENCY CONTACT NAME		RELATION		EMERGENCY CONTACT NUMBER	
RELATION					

☐ CHECK IF YOU ARE A CITY OF FAIRFAX RESIDENT

PARTICIPANT'S LAST NAME	FIRST NAME	DATE OF BIRTH	SEX	GRADE	PROGRAM TITLE	SESSION	FEE

IMAGE RELEASE

I hereby grant permission to the City of Fairfax to utilize any photograph, videotape, recording or other record of me or my child's participation in the program for any legitimate purpose.

PLEASE CHECK: ☐ Yes ☐ No

ASSUMPTION OF RISK: FOR ALL CITY OF FAIRFAX ACTIVITIES IN THE PARKS AND RECREATION DEPARTMENT.

I certify that I am older than age 18 and/or the parent/legal guardian of the participant. Due to the strenuous nature of some activities, the Parks and Recreation Department encourages each participant to consult his or her physician concerning fitness to participate in the program. The participant or parent/legal guardian consents to emergency treatment. Also student and parent understand and expressly assume all risk of all bodily injuries and property damages which might arise from my participation in all City of Fairfax activities in the Parks and Recreation department.

PRINT NAME		DATE
PARTICIPANT/PARENT OR LEGAL GUARDIAN SIGNATURE (All participants over 18 years of age must sign this registration form.)		

PAYMENT METHOD ☐ AmEx ☐ Discover ☐ MasterCard ☐ Visa ☐ Cash ☐ Checks (Please make check payable to City of Fairfax.)

CREDIT CARD OR CHECK NUMBER	EXP DATE	/	CSN/SECURITY CODE	TOTAL FEE
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CARD SIGNATURE

This catalog was printed on Forest Friendly Chorus Art FSC certified paper with 25% recycled post-consumer waste. The use of this environmentally friendly paper saves the following:

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Total Energy	4 Million BTUs
Greenhouse Gases	602 lbs. CO2 equiv.
Wastewater	173 gallons
Solid Waste	395 pounds



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Chocolate Lovers Festival

February 7 & 8, 2015
Old Town Fairfax

This delicious annual festival features two days of chocolate celebration. This is a community favorite and features the Chocolate Challenge, an arts extravaganza where the medium is chocolate. Please visit www.chocolatefestival.net for a current schedule of activities and applications or call 703-385-7858 for more information.



Full Summer Camp Dates: June 29th – August 14th

See page 22

Registration begins:
February 2, 2015

Registration Locations:

City Hall, 10455 Armstrong St.

Monday- Friday, 8:30am-5:00pm

Green Acres, 4401 Sideburn Road

Monday-Friday, 8:30at to 8:00pm and

Stacy C. Sherwood Community Center

Saturday, 9:00am to 4:00pm



CityFFXParksRec



CityFFXParksRec



CityFFXParksRec



CityFFXParksRec



CityofFairfaxVA

For more information please visit:

www.fairfaxva.gov/ParksRec or call 703.385.7858